



**APRIL 2020**  
**EARLY HEAD START 0-6 MONTH**  
**FAMILY ENGAGEMENT**  
**HOME PROJECT**

Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_ Class #: \_\_\_\_\_

Teacher's Signature: \_\_\_\_\_

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
			1. Read favorite story of choice, as you are reading hold your baby hand and guide him to point to the words that you are reading. Slowly so your baby can see the words.	2. Silly Giggles As you are talking to your baby, make different kinds of faces your baby will laugh and giggles.	3. Stack different kinds of boxes. Model for your baby as you make a tower or building. Encourage your baby to kick the tower and see the expression on your baby's face.	4. Five little ducks Place five little rubber ducks in a small round pot with a little bit of water, then count them one by one. You can also make up a story.	
			NO TIME ALLOWED	NO TIME ALLOWED	1hr	NO TIME ALLOWED	
5. Sing a song with your baby, such as Where is Thumbkin, and use your hands and fingers. Or any other song. Children will see the hands and fingers movement, and they will imitate you.	6. After you change your baby's diapers. Practice Tummy Time so baby can start strengthen her back, neck and legs.	7. Silly Giggles As you are talking to your baby, make different kinds of faces your baby will laugh and giggles.	8. Yoga time Play a soft music; have your baby sit by you then hold his hands up or down slowly as the music plays softly. Do other movements while the music plays.	9. Take your baby for a walk by holding him/her with both hands, given small steps and make frequent stops for baby to see around, and talk to baby, what there is around.	10. Flower hand print Paint your baby hands palms; with different color paints then place them on piece of paper placing them in different directions, once dry draw a circle in the middle and add a line	11. Sing the song all Mcdonalds had a farm, and name some animals that live in the farm like a pig, cow ect. and make the sound they do for instance the pig goes " oink oink".	
NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	1hr	NO TIME ALLOWED	
12. Read a favorite story to your baby. If baby falls asleep, continue to finish the story until the end.	13. Paint your baby's foot with different colors of paints and place their foot on a piece of construction paper arrange the foot in different directions to create a mural. Write the age of your baby and date.	14. Cut 5 to 6 pieces of felt in a square, then paste several pictures of choice. Once the picture s have been glue, cut small circles/hole punch on the edge of the squares place a ring. Children will be able to turn pages and talk about what they see.	15. Use a hard cardboard and glue different textures, like leaves, cloth, yarn, etc. Encourage baby to touch. Take a picture of your board and share with teacher.	16. Practice Tummy Time with your baby.	17. Silly Giggles As you are talking to your baby, make different kinds of faces your baby will laugh and giggles.	18. Provide your baby with a large plastic glasses and a book. Children love using glasses and holding a book. Take a picture and share with teacher	
NO TIME ALLOWED	1hr	1hr	1hr	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	
19. Simon says game. Play a game with you child call Simon says, touch your nose and you touch your nose so your baby sees where the nose is. Then continue with Simon say touch your head etc.	20. Cuddle with your baby and read him a story. Use soft and loud tone of voice and see the face expressions he will make.	21. Silly Giggles As you are talking to your baby, make different kinds of faces your baby will laugh and giggles.	22. Places your baby on a stroller and go for a walk. As you are walking stop in front of a tree see and hear the sounds of the birds chirping. Talk to your baby the different sounds and what you both see.	23. Pom Pom shaker Use a clear water bottle then add several colors of small pom poms, Once finish, seal the bottle with the cap with glue. Once it's safe give it to your baby to shake and see the different colors pon poms	24. Blow several bubbles and allow your baby to chase them and then pop them. They love chasing the bubbles.	25. While you give your baby a bath. Place five little rubber ducks in a small round pot with a little bit of water, then count them one by one. You can also make up a story.	
NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	1hr	NO TIME ALLOWED	NO TIME ALLOWED	
26. Use your baby's favorite toy and place in front of him, encourage him to follow the toy with his eyes. As you move the toy say, left side right, up down, up, etc	27. Music playing. Play a baby lullaby song and hold your baby on your arms and dance to the rhythm of the song.	28. Baby Massage Lay your baby in a comfortable position and slowly, rub their feet, legs, and toes in a soft and gentle motion.	29. Rolling a ball Have a small ball and roll it to your baby to see if she can grab it. Take a picture and share it with teacher	30. Read your baby's favorite book/story. Encourage baby to babble, cooing sounds			
NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED			

**DAILY ROUTINES HELPS BABIES AND YOUNG CHILDREN TO HAVE SELF-CONTROL.**

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

\*\* The project must reflect the time indicated on the sheet.

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