



Volunteers of America®

LOS ANGELES

MAY 2020

**EARLY HEAD START 18 MONTHS- 3 YRS
FAMILY ENGAGEMENT HOME PROJECT**

Name of child: _____

Site: _____ Class #: _____

Teacher signature: _____

Theme: **Spring Time**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
					1 Step out and look at the sun momentarily. How does the sun make you feel? What changes in the weather do you observe?	2 Talk to child and come up with a list of things which happen during the coming of Spring.	
					No time allowed	30 Min	
3 Use books, magazines, images on the web or a walk in your front or backyard to observe the seasonal changes.	4 Talk to your child about activities that can be done during a sunny day. Make a list.	5 Draw a picture of activities that can be done on a sunny day. Write down what child says about the drawing.	6 Have child compare daytime to nighttime. Create a list of what child comes up with.	7 Take a few minutes to sing a song with your child. What is their favorite song?	8 Make a spring collage. Use things from your garden, magazine/newspaper cut-outs, drawings, or any materials you have around the house. Display it for all family to see.	9 Movie Night. Check the programming on your TV and plan to watch a movie together. At the end talk about it.	
No time allowed	30 Min	30 Min	30 Min	No time allowed	1hr	No time allowed	
10 Take a walk and notice how the trees are changing. What color do you see on them?	11 Have child recall what fruits and vegetables he has eaten lately. Have child describe the taste.	12 Create an "I Spy" game while looking out a window of your home. What can you observe?	13 Using scraps of old fabric, make a collage and encourage child to describe the texture.	14 Take a moment to review handwashing procedures with child.	15 Scavenger Hunt game: hide simple objects around the house and have child look for them. Provide clues for the child as she looks for them and have her collect them all.	16 Let's play together "Table Game" time: Bingo, Loteria, dominoes, Tic Tac Toe and more.	
30 Min	30 Min	30 Min	1hr	No time allowed	30 Min	No time allowed	
17 Create an indoor exercise routine. Encourage movement of the body.	18 Take a moment to review toothbrushing procedures. Model proper brushing.	19 Draw a picture of a flower or a plant. Use colors associated with spring. Help child name the colors.	20 Provide child with a little water and a surface in which child can use water to paint.	21 Molding with dirt. Take some dirt from the ground, wet it, and have child mold it.	22 Take a moment to talk about the importance of drinking water.	23 Take a moment to hug your favorite plush toy. Talk about how it makes you feel.	
No time allowed	No allowed time	30 Min	30 Min	30 Min	No time allowed	No time allowed	
24 Have child talk about his favorite activity during "shelter in place" time.	25 Make a sensory bin. Use water, shredded paper, scraps of fabric and have child dip his hands in.	26 Have child look in her drawer or closet. Think of clothing which can be used in the spring.	27 Take a moment to look at photos from an album or phone and talk about them.	28 Take a moment to review handwashing procedures. Talk to your child why it is important to wash hands.	29 Create a booklet of drawings created by child during "shelter in place." Talk about them.	30 Let's play together "Table Game" time: Bingo, loteria, dominoes, Tic Tac Toe and more.	
No time allowed	30 Min	30 Min	No time allowed	No time allowed	1 hour	No time allowed	

Nombre del padre: _____

Firma del padre: _____

**El proyecto debe reflejar el tiempo indicado en la hoja.