



MAY 2020

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Child's Name: _____

Site: _____ **Class #:** _____

Teacher's Signature: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
					1. Listen to the song Freeze by Greg & Steve or any song – dance, move with your toddler. Named the body parts as you dance.	2. Make a puzzle with your child by drawing different shaped pieces. Have the child to color and put puzzlw together. Ask Questions.	
					30min	30min	
3. Make Bubbles with your child 4 cups warm water ½ cup sugar ½ cup blue Dawn dish soap.	4. Practice Hand Washing with your child Sing the Happy Birthday song for 20 seconds. Explain the steps of Handwashing Create a book on Handwashing. Take pictures and share with teacher	5. Cut out some images of animals and place them around the room. Have the toddler to find the animals. Once the toddler finds the animal discuss with your child the sound that the animals makes. Have your child repeat. Take a photo and share	6. Use a 6-cup muffin pan place different colored circles at the bottom. Have your child match the balls according to the circles in the 6 – cup muffin pan.	7. Stuff some alphabet flashcards in different envelopes. Place them in a bin have the child to open up the mail. Discuss with child about each picture.	8. Give your child an empty wipes container give your child some objects to push through the hole of the container. Write down the child's facial expressions. Take a photo and share	9. Create a schedule for your child. Take pictures. Let the child help put the pictures on the chart. Talk to your child about the different time frames and what needs to be done	
30min	1hr	1hr	1hr	30min	30min	30min	
10. Set up an obstacle course so that child may practice running, hopping, jumping, and galloping. Take a photo and share. Use words to describe child's movement.	11. Have your child paint with water while playing outside. Talk about how the water disappears. Take a photo and share	12. Play some quiet music before bedtime do some yoga and stretching to help the child relax. Ask the child Questions like How are you feeling? Use different parts of the body and ask the child to name them.	13. Pick several toys or objects and hide them around yard or in the house. Create a list of drawings or pictures of the objects. Help your child cross them off as they find them. Take photo and share	14. Practice tooth brushing. Talk and name the parts of our mouth. Talk about the materials used while we brush our teeth. Take a photo and share	15. Do Finger Rhymes with your child Five little monkeys, Five Green Speckled Frogs, The Eentsy Weensy Spider. Include counting and discuss.	16. Read the story Good Night Moon before bedtime. Discuss and aske the child questions about the story.	
30min	30min	NO TIME ALLOWED	30min	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	
17. Place a small box in front of child place cold frozen ice pops for sensory play discuss with child, colors, length, and shape. Cold/frozen.	18. Tape a piece of clear contact paper or carton box to an outdoor wall. Have your toddler to stick leaves, flower petals, or any natural items to the surface to create their own artwork. Share a photo	19. Demonstrate and guide child to follow your lead in teaching them about self-care skills. Dancing to music, picking up the toys and placing in a container, brushing teeth, Cleaning up play area.	20. Find the song Animal Action in the internet. Play the song and find pictures of the animals and glue them on a paper. Show the photos and encourage child to move like the animal. Share a photo	21. Use different items from the kitchen to make sound. Find or sing the song ABC Rock. Dance, move the song. Share a photo	22. Have a small bowl with water. Have some sponges allow your child to take the sponge and dip in water and use another container to squeeze the sponge/water. Talk to child about what happens.	23. Pointing and Naming Use an exciting voice ask your child to point to things that they see near by Can you show me your shoes? Can you show me your toes? Can you show me your toys? Can you show me your mouth? Etc.	
NO TIME ALLOWED	1hr	NO TIME ALLOWED	1hr	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	
24. Serve food that child can feed themselves. Encourage your child to try new food. Make a story by having a delicious meal. Please Supervise.	25. Have some different colored pompoms in a small cup. Have your child take the pom poms out and transfer them to the bowl. The child will be able to feel the texture of the pom poms.	26. Place a piece of paper in front of the child. Have the child draw a picture with materials: markers, crayons, etc. Take a photo and share with teacher	27. Roll the ball sit on the floor with your child Encourage them to roll it back and forth and sing the song roll Roll, roll the ball gently across the floor.	28. Sensory bin add some shaving cream to the bin and add the alphabets in the bin so child can feel the texture. Ask questions about letters, texture	29. Have a strainer with holes and roll small pieces of papers or toothpicks to see if they can fit in the holes. Count with your child how many pieces go in/out?	30. Use a toilet paper roll/paper towel and show child how to put it against his mouth and speak, make silly sounds, sing or make silly sounds.	
NO TIME ALLOWED	NO TIME ALLOWED	30min	NO TIME ALLOWED	30min	30min	NO TIME ALLOWEED	

DAILY ROUTINES HELPS BABIES AND YOUNG CHILDREN TO HAVE SELF-CONTROL.

Parent Name: _____ **Parent Signature:** _____

****The project must reflect the time indicated on the sheet.**

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