



Volunteers of America®

LOS ANGELES

JUNE 2020

EARLY HEAD START 18 MONTHS- 3 YRS



FAMILY ENGAGEMENT HOME PROJECT

Child's Name: _____

Site: _____ Class #: _____

Teacher's Signature: _____

Transition Topic: Preparing for New Experiences and Routines

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
	1. Make homemade sidewalk paint (recipe below) and go outside and draw with your child their favorites: foods, places, people, things to do, etc. Ask about each and why they like it.	2. Go to a playground or park together. Encourage your child to play with another child. Model how to say hi and introduce yourself, taking turns and sharing. Help show them how fun it is to meet new people.	3. Begin talking to your child about changes they will have for next school year. Plan a trip to visit new classrooms so they can see it. Introduce yourself and your child to the new teacher. Find out what they need for the first day of school.	4. Build self-help skills by encouraging your child to try doing different self-care routines themselves. EX Putting on their pants, brushing their teeth, taking their cup to the table, carrying their backpack into school, etc.	5. Play Simon Says. Say "Simon Says..." and then fill in something you want your child to do EX: point to your eyes (or other body parts), jump, touch your feet, etc. See how well your child is listening. Have them be Simon next.	6. Introduce your child to a new food. Explain why it's important to try new things. Talk with them about what color it is, how it is grown or where they think it comes from, how it feels in their mouth, what color it is, etc.	
	30min	30min	30min	30min	30min	30min	
7 When it's time to clean up, put things away by color, shape, type of material, etc. Sing the clean-up song while they put things away. Practicing cleaning up regularly and sorting will make transitioning to routines in a classroom much easier.	8. Visit your library and pick some books to read during the summer. Ask them what they want to learn more about. Pick one book that they can "read to you". Let them point to pictures and tell you the what they see.	9. Build a routine chart with your child. Cut out pictures from magazine or print your own. Match activities you do with times for completing EX: brushing teeth, bedtime, wake up, breakfast, etc.	10 	11 Draw a picture together of the different people they love. It can be family members or their friends from the neighborhood or school. Talk about what they love/like about each person they draw.	12. Play an "I Spy" game Say "I see something you don't see and the color (or shape) is...." Give them a hint and see if they can look around and guess what you are talking about. Have them try.	13. Create a sticker collage. Get some stickers, paper and crayons/markers. Create a picture with the stickers you have and ask your child to tell you a story about the picture	
30 Mins	30 Mins	30min	No time permitted	30 Mins	30 Mins	30min	
14. It's getting hot outside, let's build those muscles! Have your child help water any plants you may have around your house. Let them fill a container and go water the plants.	15.	16.	17.	18.	19.	20.	
30min	Vacation	Vacation	Vacation	Vacation	Vacation	Vacation	
21 	22. Moon Sand Recipe: -4 cups flour -½ cup baby oil Mix until you get a soft texture. Enjoy!	23. Edible Finger Paint -1 cup cold water -1 cup flour -3 cups boiling water Mix cold water and flour. Slowly add boiling water. Let it cool. Divide into different containers and add food coloring. Paint!	24. Playdough Recipe: -2 cups flour -¾ cup salt -4 teaspoons vegetable oil Mix each ingredient until it is combined. Enjoy!	25 Quicksand Goo Recipe: -1 cup cornstarch -½ cup water -Food coloring (optional) Mix until all the comstarch is wet. Enjoy!	26. Sidewalk Paint -1 cup water -1 cup cornstarch Mix together, divide into cupcake tins, bowls or cups and add food coloring. Start painting!	27.	
	Vacation	Vacation	Vacation	Vacation	Vacation	Vacation	
28.	29.	30.					
Vacation	Vacation	Vacation					

Parent Name: _____

Parent Signature: _____

** The project must reflect the time indicated on the sheet.

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