



JUNE 2020
EARLY HEAD START 12-18 MONTHS
FAMILY ENGAGEMENT
HOME PROJECT

Child's Name: _____

Site: _____ Class #: _____

Teacher's Signature: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
	1. Throw and kick a ball: show your toddler how to throw and kick a ball. Play with small and large balls. Play inside and outside.	2. Improve hand-eye coordination: use shoe laces, cardboard. Trace a shoe on the cardboard, then make holes on the traced shoe. Then ask your child to insert the shoelaces. In and out.	3. Create a puzzle with a box of cereal. Cut the front of the box, then cut the front in four pieces then help your child put it together.	4. Listen to music with your child. Sing songs with your child. Listen to music in the house and in the car, and choose music that you won't mind listening to again and again.	5. Identify Noises Ask your child to identify noises he/she hears: knock at the door, the dishwasher, a barking dog, a fire truck, a bird singing.	6. Teach your child about his body parts. Teach your toddler the names of his body parts then ask him to point to his nose, eyes, ears, etc Then, ask him to point to your nose, eyes, and ears and discuss sizes.	
	20min	30 min	30min	NO TIME ALLOWED	NO TIME ALLOWED	NO TIME ALLOWED	
7. Hand-eye coordination: use empty toilet paper rolls, straws, and a hole puncher. Make holes in the empty toilet paper roll, then show your child how to insert the straws in the holes. You can cut the empty rolls in different sizes.	8. Use instructions: Play games with instructions. Your child is increasingly able to follow simple directions and will be so proud of himself when he can do what you ask. Example: "Bring me the blue car under the table."	9. Practice counting: Count everything, when coming from the super market count how many apples you bought, count socks when doing laundry, count toys when cleaning up toys. Video tape your child's voice	10. Bang on pots and pans: look for old pots and pans or mixing bowls and wooden spoon. Let your child bang on the pots imitating mom and dad in the kitchen.	11. Create blocks with empty boxes. Wrap them with leftovers from wrapping gift paper. Then, build with blocks. You can build a tower, let child to build on his/her own.	12. Provide different size containers from the kitchen You can teach your child the sizes. Then, help child to stack by sizes, big-small and small- big. Let child explore and problem solve on her/his own.	13. Blow Bubbles Do your own with dawn soap and water or use the bubble solution. Teach child cause and effect. Blow bubbles together or on their own. Video tape or snap a photo while your child chases the bubbles.	
30 min	NO TIME ALLOWED	20 min	NO TIME ALLOWED	30 min	20min	20min	
14. Improve motor skills. Trace a straight line with masking tape and encourage child to follow the line. Then, you can change the direction of the line to a curve or zigzag line.	15. Read together, discuss the illustrations. Ask your child to tell you what she/he sees. Ask child to point at the pictures.	16. Paint with water Provide construction paper, a small bowl of water and a paint brush. Show your toddler how to get the water from the bowl with the paint brush and paint on the paper. Then let child use their imagination.	17. Magnet Letters on cooking sheet. Place the magnet letters on the sheet for toddler to play with letter while you named each letter. Make his name using the letters.	18. Pom-pom drop Use both toilet paper rolls and paper towel rolls for this activity. Tape the rolls to the wall and have child to drop pom-poms into the roll. You can say, "let's do the red one next." Child will look for the red pom-pom on the bowl.	19. Card drop. Need a deck of cards and an old oatmeal container with a slit cut in the top. Show child to drop cards in, then after dropping card for a while let her/him to get the cards and do it again.	20. Noodles and straws You will need playdough, noodles and straws. Use playdough to hold straws, then stringing the noodles on straw. Great activity for fine motor skills.	
30 min	NO TIME ALLOWED	30 min	20 min	30 min	20 min	1hr	
21. Create a feel and find box. Inside the box add a variety of objects that your toddler can identify by touch. Like Legos, fork, doll, ball, etc.	22. Color matching mat. Create a mat with a variety of colors in a shape of circles or squares. Then, sort objects by color or at breakfast time sort cereal with child to make it fun. Sort cheerios by colors.	23. Flash card Create a flash cards from familiar objects such as Dog, Ball, etc. easy for child to identify. Parent can use pictures from magazines or draws. Review them with your child everywhere.	24. Read together, discuss the illustrations. Ask your child to tell you what she/he sees. Ask child to point at the pictures.	25. Color hunt. Show your child one object with a single color, encourage child to look around the home to find objects that matches the color. Sort by color. Have fun	26. Create a sensory book with different materials for child to explore. Describe how they feel and add new vocabulary such as rough, sticky, soft etc.	27. Practice hand washing with child. Sing abc song for 20 seconds. Go over the hand washing steps and discuss the importance of washing hands.	
30min	30min	30 min	NO TIME ALLOWED	NO TIME ALLOWED	30 min	NO TIME ALLOWED	
28. Trace different circle sizes in a cardboard using lid of the kitchen containers or recycle the lids from food containers. Then match the sizes with the lids. Help child if needed.	29. Practice tooth brushing, talk and name the parts of our mouth. Talk to child about the importance of brushing their teeth.	30. Making sounds with empty rolls, like a trumpet. March, sing around the house. Use other home instruments and make a band.	Vacation	Vacation	Vacation	Vacation	
1hr	NO TIME ALLOWED	NO TIME ALLOWED					

Parent Name: _____ Parent Signature: _____

**The project must reflect the time indicated on the sheet.



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