

Child's Name: _____

Site: _____ Class #:_____

Teacher's Signature: _____

Image: Second	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
S. 6. 7. 8. 9. 10. 11. INO TIME ALLOWED NO TIME ALLOWED ISmin 10min <td< td=""><td></td><td></td><td></td><td>1.</td><td>2.</td><td>3.</td><td>4.</td><td></td></td<>				1.	2.	3.	4.	
NO TIME ALLOWED NO TIME ALLOWED ISmin IOmin ISmin NO TIME ALLOWED NO TIME ALLOWED NO TIME ALLOWED 12. 13. Welcome to our program. Iumry line is sessential secare 1 heje segregam. Iumry line is the children oil secare 1 heje segregam. Iumry line is sessential segregam. Iumry line is sessential secare 1 heje segregam. Iumry line heje segregam. Iumry line is seand hear reass. In th	NO TIME ALLOWED	NO TIME ALLOWED	5min 10min	10min 15min	NO TIME ALLOWED	30m 1hr	NO TIME ALLOWED	
12. 13. Welcome to our program. Iummy The Is is hack, hold to lift her head to lok into the mirror and hold ber head up while lying on her tat end ered. It is at end ered. 15. Put your baby on his incourage child to lift her head to lok into the mirror and hold ber head up while lying on her tat end ered. It is at end ered. 16. While you are holding your baby. Read to your baby had to need the neighborhood, and rub his back while her head up while lying on her tat end ered. 18. After you give your baby is alert, weake and hear NO TIME ALLOWED NO TIME ALLOWED 20min 10min 30min 1hr NO TIME ALLOWED 20min NO TIME her and a soft ball or or atter within his reach. Wave and there within her arm or eart. Encourage child to a mirro and from grath and each place within her arm or grath shack, hold to loll or boy with a face within her arm or grath shack. Not and there hold to follow the tend with the visit on or grath and each place within her arm or and hold her head up while leys is alert. Helps vision. NO TIME ALLOWED 20min 20min 21. While baby is alert, awake, and the apotto for or with a gente to could not or or for coce. See your child's an error and bring bary a baby, whith a gente to cole with neer sense of touch. Move the tory or touch. Move the tory or the sense of touch. Move the tory or the sense of touch. Move the tory or the sense of touch. Move the tory or touch. Move the tory or down is pressions or emotions aversus loud and soft. 100min NO TIME ALLOWED 20min 20	5.	6.	7.	8.	9.	10.	11.	
NO TIME ALLOWED 20min 10min 30min 1hr NO TIME ALLOWED 20min 10min Stage with a sort to be a sort to b	NO TIME ALLOWED	NO TIME ALLOWED	15min 10min	10min 15min	NO TIME ALLOWED	20min 10min	NO TIME ALLOWED	
19. Have a radio available. Play classical music to your baby. Dance with your baby. Dance with your baby. 20. With the child lying on his back, hold a soft ball or or gently shake the ball to encourage child to follow the item with his vision or grab and reach. 21. While baby is alert, awake, and cam place a soft, cushy doil of yoite. See your child to a mirror and bring ovice, sing it with a loud tone of voice, sing it with a soft tone of yoite. See your child's expressions or emotions reuse loud and soft. 23. Tape a photo of your child to a mirror and bring and the photo. Talk about his body parts, her name, expressions, etc. 24. After you give your baby abath, with a gentle touch massage your baby, int front of her. Helps vision. NO TIME ALLOWED 20min 30min 20min NO TIME ALLOWED 20min 10min NO TIME ALLOWED 20min 10min 20min 10min 29. While you breastfeed por bott feed your baby, strus loud and soft. 10min 15min NO TIME ALLOWED 20min 10min 20min 10min 10min 20min 10min 10min 20min 10min 10min 10min 10min 10min 20min 10min 1	12.	program. Tummy Time: Is essential because it helps strengthen core and neck muscles that children will need as they begin	If possible, have a mirror near. Encourage child to lift her head to look into the mirror and hold her head up while lying on her	stroller. If possible walk around the neighborhood, supermarket, mall, etc. and talk about what you both	your baby. Read to your	Place baby across your knees while you are in the sitting position and rub his back while	a bath, with a gentle touch massage your baby's legs,	
Play classical music to your baby. Dance with your baby. his back, hold a soft ball or rattle within his reach. Wave or gently shake the ball to encourage child to follow the item with his vision or grab and reach. and calm place a soft, cushy doll voice, sing it with a loud tone of voice, sing it with a soft tone hor your baby. bis back, hold a soft ball or rattle within his reach. Wave and the photo. Talk about his expression. Talk about his expression. Talk about his expression. Talk about his expressions or emotions versus loud and soft. child to a mirror and bring her attention to her reflection and the photo. Talk about his expressions, etc. baby a bath, with a gentle touch massage your baby's legs, arms, head, etc. tummy. If possible, have a mirror near. Encourage child to lif her head to look into the mirror and hold her head up while lying on her tummy. NO TIME ALLOWED 20min 10min NO TIME ALLOWED 10min 15min NO TIME ALLOWED 20min 10min 15min 31. Put your baby on his stroller. If possible walk around the neighborhood, supernitor near. Encourage child to lift her head to look into the while you are in the sitting position and rub his back while a gente touch embrace his face, arms, etc. Tell him how much you LOVE him. 30. Lay your child on her tummy. If possible, have a mirror near. Encourage child to lift her head to look into the mirror and hold her head up while lying on her tummy. 26. Practice safe sleep. Place baby accessing the does a little Tummy Time. you regs now." Although baby	NO TIME ALLOWED	NO TIME ALLOWED	20min 10min	30min 1hr	NO TIME ALLOWED	20min 10min	NO TIME ALLOWED]
26. Practice safe sleep. 27. When changing baby's 28. Soothe baby on your lap. Place your baby on a firm mattress. Baby should be place on his back. 28. Soothe baby on your lap. 29. While you breastfeed or bottle feed your baby 30. Lay your child on her tummy. If possible, have a mirror near. Encourage child to lift her head to look into his eyes and with a gentle touch embrace his face, arms, etc. Tell him how much you LOVE him. 30. Lay your child on her tummy. If possible, have a mirror near. Encourage child to lift her head to look into the mirror and hold her head up while lying on her tummy. Take a picture and share 31. Put your baby on his stroller. If possible walk around the neighborhood, supermarket, mall, etc. and talk about what you both see and hear	Play classical music to your baby. Dance with	his back, hold a soft ball or rattle within his reach. Wave or gently shake the ball to encourage child to follow the item with his vision or	and calm place a soft, cushy doll or toy with a face within her arm length. The face will interest her, and the way it feels will develop her sense of touch. Move the toy (or doll) up and down, left and	Sing it with a loud tone of voice, sing it with a soft tone of voice. See your child's expression. Talk about his expressions or emotions	child to a mirror and bring her attention to her reflection and the photo. Talk about her body parts, her name,	baby a bath, with a gentle touch massage your baby's	tummy. If possible, have a mirror near. Encourage child to lift her head to look into the mirror and hold her head up	
Place your baby on a firm mattress. Baby should be place on his back.	NO TIME ALLOWED	20min 30min	20min 10min	NO TIME ALLOWED	10min 15min	NO TIME ALLOWED	20min 10min]
	Place your baby on a firm mattress. Baby should be	diaper. Talk to her about what you are doing. "We have a clean diaper for you." "Mommy is going to lift up your legs now." Although baby doesn't understand what you are saying you are setting the foundation	Place baby across your knees while you are in the sitting position and rub his back while he does a little Tummy Time. Helps you steady baby and keep him calm during	or bottle feed your baby look into his eyes and with a gentle touch embrace his face, arms, etc. Tell him	tummy. If possible, have a mirror near. Encourage child to lift her head to look into the mirror and hold her head up while lying on her tummy.	stroller. If possible walk around the neighborhood, supermarket, mall, etc. and talk about what you both		
NO TIME ALLOWED NO TIME ALLOWED 20min 10min NO TIME ALLOWED 20min 10min 30min 1hr	NO TIME ALLOWED	NO TIME ALLOWED	20min 10min	NO TIME ALLOWED	20min 10min	30min 1hr		

Parent Name:

Parent Signature: _____

**If your Project takes more than the time indicated write the time in the blank box. The project must reflect the time indicated on the sheet.

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