



JULY 2020 12-18 MONTHS

**EARLY HEAD START
FAMILY ENGAGEMENT HOME PROJECT**

Child's Name: _____

Site: _____ Class #: _____

Teacher's Signature: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
				2.	3.	4.	
5.	6.	7.	8.	9. Name It! During diaper changes, take a moment to play, "What is this?" Lift up your child's foot and say, "What's this? It's a foot." "What are these? They are toes."	10. Talk to your child about their eyes, nose, and mouth. Encourage them to point to each one as you name them.	11. Hide a toy under a blanket and encourage child to find it. "Where did the car go?" "You found it!"	
				NO TIME ALLOWED	30 min	1 hour	
12. While helping child to wash hands, talk about what you are doing. "Let's turn on the water."	13. While you read a book to your baby allow him to turn the pages and point to the pictures.	14. Look around your house and point to different colors while naming the colors one at a time.	15. Get on the floor and play with your child. Try to follow your child's lead by playing with toys he/she chooses	16. Show your baby three things that make noise. Let your baby play with them. "Those spoons make loud noises"	17. Read a book to your child. Use loud or soft tone of voice	18. Ask your child to help you Pick up the toys and where to put them. "Thank you for helping."	
1 hour	20min	20min	30min	NO TIME ALLOWED	20min	No time allowed	
19. Ask your child to "help". "Can you bring me your shoe please?" "Could you bring me a diaper please?" Respond with a "thank you"	20. Attach a picture of something familiar to a cardboard box such as a teddy bear, baby, or cat. Name and talk about the pictures. "I see a cat."	21. Give your child two choices of clothes to choose from that he/she would like to wear that day.	22. Encourage your baby to practice throwing a small, soft ball. A rolled-up pair of socks works just fine. "Wow, look how far it went!"	23. Be silly. Practice stretches and exercises with your child.	24. Offer your toddler an empty plastic container. Drop a few pieces of cereal inside. Watch and encourage child to get the cereal out.	25. Play some fun music! Wiggle, clap, sway back and forth.	
NO TIME ALLOWED	1hr	30min	20 min	30min	20 min	20min	
26. While bathing child, give child a sponge or washcloth to play with. Show baby how to squeeze water out.	27. When putting on your child's sock, put on part of it and encourage child to pull it up.	28. Choose a book to look at with your child. Point to an object on the page and name it. Wait until your child touches something on the page and then slowly name it.	29. Serve food that child can feed himself. Encourage your child to try new food. Make a story while having a delicious meal (always supervise your child)	30. Take your child for a nature walk and talk about the change of weather.	31. Make a sound of a familiar animal, such as a dog or cat. Encourage your child to imitate "The cat says, meow"		
30 min	NO TIME ALLOWED	30min	30 min	30 min	30 min		

DAILY ROUTINES HELPS BABIES AND YOUNG CHILDREN TO HAVE SELF-CONTROL AND BE READY FOR SCHOOL.

Parent Name: _____

Parent Signature: _____