Volunteers of America®
GREATER LOS ANGELES

JULY 2020
EARLY HEAD START 18 MONTHS- 3 YRS
FAMILY ENGAGEMENT HOME PROJECT

Child's Name: _____

Site: _____ Class #:_____

Teacher's Signature: _____

Transition Topic: Routines and Experiences

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Totals
			1.	2.	3.	4th of July	
5.	**6.**	**7.**	**8.**	1st Day of School 9.	**10.** Read a story about school. After reading talk to your child about the different activities he/she will experience during virtual learning. Such as painting, singing, and making new friends.	**11.** Create an emotions chart on paper. Label and talk about the different emotions. Encourage child to share which emotions they are feeling, during virtual school.	
30 mins	30 mins	30 mins		30 mins	30 mins	30 mins	
12. Place several items in a bag. Ask your child to reach into the bag and tell you which object they are feeling. You can also name an object in the bag and have them find.	**13.** Read a book that relates to colors. Before you read ask "What do you think is going to happen in the story?" Acknowledge your child's response, and connect their words to real life.	**14.** Play hygiene charades. Parent picks an action such as hand washing, teeth brushing etc. Parent acts out the hygiene habit, without using words. Have your child guess the action.	**15.** Talk to your child about how important it is to look both ways at a stop walk, and that they should hold your hand when getting in and out of a car and when walking down the street.	**16.** Record familiar voices or sounds on your cell phone. Play the voices/sounds back and encourage your child to guess who or what the sound is.	**17.** Practice how to stop, drop, and roll. Show child how to stay low and crawl to a door in case of a fire. Explain to your child the importance of fire safety.	**18.** Go outside with your child and have them listen to sounds such as barking dog, birds, or trucks passing by. Have your child talk about what they hear.	
30 mins	30 mins	30 mins	30 mins	30 mins	30 mins	30 mins	
19. Encourage your child to find and name different shapes in the home. Encourage them to name the shape and its color.	**20.** Explore shadows, by going outside and pointing at your child's shadow. Encourage your child to find more shadows like a tree or building shadow.	**21.** Pretend to be robots and discuss how robots follow a robot code. One beep means move your arms, two beeps means jump, and so on. Make up directions for the robots to follow.	**22.** Read a book that relates to shapes. After reading, ask your child to find shapes around your in/out door environment.	**23.** Talk about the circle shape. How It has no straight sides and no corners. Have your child find circle objects in the home,	**24.** Kick ball outdoor fun. Follow along as your child practices kicking, catching and running with a ball.	**25.** Encourage your child to identify similarities and differences among a set of objects in the home. Such as size, color and shape.	
30 mins	30 mins	30 mins	30 mins	30 mins	30 mins	30 mins	
26. During mealtime use math words as you talk with your child. Ex; "I have more crackers then you do. Let's count slowly 1,2,3. You have two orange slices I have one." Have your child count with you.	**27.** Look at family photos with your child. Point out faces by emotions of happy and sad. Talk about when one might express those emotions.	**28.** Create a graph you're your child by sorting toys or household objects by colors.After sorting ask "Which pile has more?" Encourage your child to count with you to see which pile contains the most. .	**29.** Using a mirror, help your child name facial features. Such as nose, eyes, tongue, ears, etc. Then help your child identify things we hear, see, smell, touch and taste.	**30.** Talk to your child about handwashing. Such as washing hands before preparing food, before eating, after going to the toilet or diapering, and after playing, or touching animals or dirty things.	**31.** Involve child in putting laundry away . While sorting talk about the variety of clothing colors, textures, and sizes.		
30 mins	30 min	30 mins	30 mins	30 mins	30 mins		

Parent Name: _____ Parent Signature: _____

**If your Project takes more than the time indicated write the time in the blank box. The project must reflect the time indicated on the sheet.

Parent Name: _____   Parent Signature: _____

**If your Project takes more than the time indicated write the time in the blank box. The project must reflect the time indicated on the sheet.