

**AUGUST 2020**

**EARLY HEAD START 18 MONTHS- 3 YRS**  
**FAMILY ENGAGEMENT HOME PROJECT**

**Child's Name:** \_\_\_\_\_

**Site:** \_\_\_\_\_ **Class #:** \_\_\_\_\_

**Teacher's Signature:** \_\_\_\_\_

**Transition Topic: Safety and Hygiene**

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   | Weekly Totals |
|---|---|--|---|---|--|--|---------------|
|   |   |  |   |   |  | <p><b>1</b> Read a book that relates to colors. After reading ask your child to find objects that are green around your in or outdoor environment</p>            |               |
|   |   |  |   |   |  | <b>30 mins</b>   |               |
| <p><b>2</b> Involve your child in food shopping. While shopping talk to your child about the variety of colors, textures, of fruits and vegetables.</p>   | <p><b>3</b> Discuss when a person should wash their hands. Set up a plan to remind everyone in the family to practice health habits by washing their hands.</p> | <p><b>4</b> Talk about the importance of clothes and hats to protect the skin from the sun. Gather clothes, hats, and sunglasses so child can practice trying them on before going out to the sun.</p> | <p><b>5</b> Go on a treasure hunt at home with a shoe box and fill it with as many items that are blue. When done take out items to touch, listen to, and talk about.</p> | <p><b>6</b> Read a book about community helpers. Talk to your child about how these adults can be trusted to help during an emergency.</p>  | <p><b>7</b> Gather magazines or paper ads, rip a few sections of paper. Encourage child to rip paper on their own. Talk about the ripping sounds.</p>      | <p><b>8</b> Talk about animals, and how some animals swim, some fly, some have two legs some have four. How some are active during the day and some at night</p> |               |
| <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>   |               |
| <p><b>9</b> Sing Twinkle Twinkle Little Star. Then expand by talking with your child about the role of the sun and the moon here on earth.</p>  | <p><b>10</b> Have your child assist with setting the table. Use prepositional words such as next to, above, between and under while setting up for meals.</p>   | <p><b>11</b> Discuss loud sounds versus soft sounds. Play music very loud and then very soft. Give child a wooden spoon and pot and have them play loudly and quietly.</p>                             | <p><b>12</b> Talk about the importance of good hygiene. Discuss how unwashed hands, sneezes and uncovered coughs pass germs.</p>  | <p><b>13</b> Ask your child about the weather like: Is it sunny outside today? As you look toward the window have your child talk about the weather?</p>                              | <p><b>14</b> Introduce a calendar to your child. Talk about how calendars are used and how numbers are on calendars.</p>                                   | <p><b>15</b> Read a book about feelings. After reading talk about different emotions. Encourage child to talk about how they are feeling.</p>                    |               |
| <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>   |               |
| <p><b>16</b> Explore the outdoor surroundings and encourage child to point to how somethings are alike and somethings are different.</p>  | <p><b>17</b> Talk with your child about the Triangle shape. Discuss how it has 3 sides and 3 corners. Hunt for triangle shape items in the home.</p>            | <p><b>18</b> Make a story. Start with characters and a simple plot like a dog and cat went to the beach, and let your child take it from there.</p>  | <p><b>19</b> Collect 3-5 items and set them on a tray. Give child time to observe and then remove items from sight. Have child tell you which items are missing.</p>      | <p><b>20</b> While outside cover your child's eyes and have them walk over grass, leaves, etc. Have them tell you what they are walking on.</p>                                       | <p><b>21</b> Create a variety of shapes using masking tape on the floor. Have child jump, walk or run to each target as you call out shape.</p>            | <p><b>22</b> Involve your child in food shopping. While shopping talk to your child about the variety of colors, textures, of fruits and vegetables.</p>         |               |
| <b>30 mins</b>  | <b>30 mins.</b>   | <b>30 mins</b>   | <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>   |               |
| <p><b>23</b> Talk with your child about the rectangle shape. How it has two long sides, two short sides, and four corners. Have your child look for items that are the shape of a rectangle..</p> | <p><b>24</b> Involve your child in choosing their clothing for the day. Discuss clothing textures, colors and patterns.</p>                                     | <p><b>25</b> . Encourage your child find and name different shapes in the home. Encourage them to name the shape and its color.</p>  | <p><b>26</b> Place a large sheet of paper on wall. Using 2-3 crayons have child draw on paper. Talk to about the colors of crayon and marks that child is drawing.</p>    | <p><b>27</b> Using a mirror, help your child name facial features. Such as nose, eyes, tongue, ears, etc. Then help your child identify things we hear, see, smell, touch, taste.</p> | <p><b>28</b> Talk about the circle shape and how it is round. Have child search for objects that are round in the home, and tell you about the object.</p> | <p><b>29</b> Look at family photos with your child. Point out faces by emotions of happy and sad. Talk about when one might express those emotions.</p>          |               |
| <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>  | <b>30 mins</b>  | <b>30 mins</b>   | <b>30 mins</b>   |               |
| <p><b>30</b> Practice how to stop, drop, and roll. Show child how to stay low and crawl to a door in case of a fire. Explain to your child the importance of fire safety.</p>                     | <p><b>31</b> Outdoor ball toss. Follow along as you child practices tossing, catching, and rolling a ball.</p>  |  |   |   |  |  |               |
| <b>30 mins</b>  | <b>30 mins</b>  |  |   |   |  |  |               |

**Parent Name:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**\*\*If your Project takes more than the time indicated write the time in the blank box. The project must reflect the time indicated on the sheet.**

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