OCTOBER 2020

HEAD START 3-5 YRS OLD

FAMILY ENGAGEMENT HOME PROJECT

Childs Name:_____

Site: _____

Class #:_____

Teacher Signature: _____

Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
				1 Make "puppets" of each family member using popsicle sticks or pencils. Draw or print a photograph of everyone's faces and attach. Practice asking for what you need or want with the puppets.	**2** Imagine you're a black cat prowling at night. Where do you go and what do you see? Write down what your child said	**3** Go on a hunt for objects that are the color orange. Write down the name of the object you found or draw them	
				1 Hour	30 Min	30 Min	
4 Fire Prevention Week Draw a fire escape plan in case of a fire and practice with your child how to escape. Teach them and practice stop, drop and roll	**5** Visit your local library for story time. (Literature). Check a book out and have your child read it to you.	**6** If you found a magical crayon what would you do with it? write down what your child said	**7** Talk with your child about feelings, make a feeling chart with different emotions. Ex. Happy, Sad …	**8** Practice writing your cell phone number with your child. Help child memorize your number	**9** Cut out words from a magazine and glue them on paper. Review the words with your child.	**10** Read to your child for 20 minutes. Ask your child to draw a picture.	
30 Min	No Time Allowed	30 Min	30 Min	30 Min	30 Min	30 Min	
11 Make a musical instrument w/ your child. Ex. a maraca using a water bottle and adding small beads or buttons. Decorate it and seal the lid w/ tape. Dance w/ your child using the instrument.	**12** Have your child practice writing their name	**13** While you're driving ask your child at what age he or she thinks they will be able to drive.	**14** Talk to your child about earthquakes and what they are. Ask them what they think they are and how they can protect themselves introduce drop, cover and hold. Practice as a family Take pictures	**15** *CA Great Shake Out Earthquake Preparedness* Practice drop, cover, and hold on with your child. Create a disaster plan and go over it with your family.	**16** Draw a Super Hero version of yourself and your superpower.	**17** Make a shape book, ask your child to name the shapes Circle, square, etc…	
1 hr	30 min	No Time allowed	30 Min	1 Hour	30 min	30 Min	
18 Today's weather makes me feel _____ because… have them draw a picture about what they said	**19** Make a poster for your wall at home showing at least 4 feelings: happy, sad, angry, and calm (add more feelings if you want!) Draw the faces, or take photos of your child making faces to show those feelings.	**20** Together, write a short rhyming poem about your child's favorite activity.	**21** Practice tying your own shoes. Take a picture	**22** Have your child help you wash the dishes and throw out the trash	**23** Ask your child to help you make a set of numbers 1-10. You can use index cards or cut paper	**24** Create a Super vehicle with your child using cardboard boxes.	
30 Min	1 hour	30 Min	30 Min	No Time Allowed	1 Hour	1 Hour	
25 Have your child help you prepare breakfast	**26** Act out how to "Stop, Drop and Roll" in case of a fire. (Safety)	**27** Practice writing their first name on paper	**28** Go on a safety walk: Help child identify the different traffic signs: stop, pedestrian crossing, do not enter, etc. Have them draw two signs.	**29** Make a family book or draw your family	**30** I love my family because…. Write down what your child says	**31** Make binoculars with your child from paper, have them look out the window and tell you what they see	
No Time Allowed	No Time Allowed	30 Min	30 Min	1 Hour	30 Min	30 Min	