<table>
<thead>
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<th>Sunday</th>
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<th>Tuesday</th>
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<th>Saturday</th>
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<tbody>
<tr>
<td>6. Play peek a boo with your child by showing them how to do it.</td>
<td>1. Observe your child today. Write a small observation of what, how, where he did something interesting, funny or something he is able to do for the first time. Take pictures.</td>
<td>8. Give your child a crayon and paper and talk about any marks he makes. Take a picture while he’s playing with the crayons. Post his picture around the house.</td>
<td>9. Using the same carton box add another picture. Encourage child to find both pictures. Talk to your baby and praise him when he finds the pictures.</td>
<td>10. Search for some animals in a tray of tissue paper. You have to cut the tissue paper in small pieces and hide the animal.</td>
<td>11. Show him a picture of an animal he knows while also showing him the toy. Remove the toy and point to the picture. Ask him what sound it makes. He may not immediately connect the sound with the picture. This is the cat. What does a cat say?</td>
<td>12. Listen with your child his favorite songs. Dance with your child. Make silly dance movements.</td>
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<td>13. Make sensory foam with dish soap and a little bit of water and food coloring. Put on a tray to explore! Ask your child questions. Talk about safety of materials.</td>
<td>7. Make a sorting game with some ping pong balls and a yogurt containers</td>
<td>14. Hide a toy under a blanket and ask your child where is the toy?</td>
<td>15. Be silly. Practice stretches and exercises with your child. Take a video or pictures and make a collage. Share with your teacher.</td>
<td>16. Observe your child today. Write a small observation of what, how, where he did something interesting, funny or something he is able to do for the first time. Take pictures. Make a collage.</td>
<td>17. Sensory Activity. Painting on ice using food color and brushes</td>
<td>18. If you have scraps of fabric around the house. Cut them into big squares. Play with the squares fabrics by throwing them on the air and allow your baby to catch them.</td>
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<td>19. Name one of your child’s animal toys and make the sound that animal makes.</td>
<td>20. Create a matching Game with your children socks. Let them match their own socks by color</td>
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<td>23. Let your child walk on a bubble wrap paper and let them know how it feels.</td>
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<td>27. You and your child, try a new food from a different country. Ask your child the following: How did it taste, how did it look, did you like it?</td>
<td>28. Create some flashcards for you child using magazines, old books or pictures.</td>
<td>29. Attach a large picture of something familiar to your child, such as a teddy bear, baby, or cat, to a cardboard box. Turn the cardboard around to see if child can find it. Encourage the child to look around it.</td>
<td>30. String activity. Create your own lacing game by using a shoe lace and a empty paper towel roll. Cut it into small pieces</td>
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### Notes
- **TIME**
  - **20min**: 20 minutes
  - **30min**: 30 minutes
  - **15min**: 15 minutes
  - **10min**: 10 minutes

### Additional Activities
- **Match their own socks** and encourage your child to match them.
- **Create a simple obstacle course** using household items.
- **Observe your child** and note their development and progress daily.
- **Use storytelling** to engage your child in conversations about new experiences.

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**Vacation Activity**

- **Make a collage** with pictures from magazines or old books.
- **Play with toys** that are familiar to your child, such as a teddy bear, baby, or cat.
- **Create obstacle courses** using household items.

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**Travel Tips**

- When traveling with your child, consider bringing
  - **Books**
  - **Puzzles**
  - **Non-breakable toys**
  - **Travel games**

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**Parent-Child Time**

- **Spend quality time** with your child daily, even if it’s just for 10-15 minutes.
- **Read books** together to improve literacy skills.
- **Engage in simple physical activities** such as stretching or dancing.

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**Parent-Teacher Communication**

- Regularly communicate with your child’s teacher to ensure you are both on the same page.
- Share your observations and concerns with the teacher.

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**Parental Support**

- Seek support from family and friends when needed.
- Join a support group for parents of young children.
- Utilize local resources and services available for parents.

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**Conclusion**

- **December is a special month** for parents and children as they spend more time together.
- **Celebrate small victories** and enjoy each day.

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**Additional Resources**

- **Parenting books** and articles for further reading.
- **Local community centers** and support groups for parents.
- **Online parenting forums** for advice and support.

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**End Notes**

- **Remember**: Every child is unique and learns at their own pace.
- **Be patient and kind**: to yourself and your child.
- **Celebrate progress**: no matter how small it may seem.

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**Disclaimer**

- This information is provided as a general guide and is not a substitute for professional medical advice.
- Always consult with a healthcare professional before making any significant changes to your child’s daily routine.

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