**TOPIC:** Measuring Belly

**Why this activity?** Provides an opportunity for caregivers to embrace the pregnancy and celebrate their growing baby

**What we need:**
- 1 piece of cardboard paper
- Pen or markers
- Collage material
- Yarn, strips of construction, fabric, etc.

**How we do it?**
- At the beginning of each month measure from the top of the belly to the bottom. Use a piece of yarn, etc. and glue it on the construction paper
- At the beginning of each month take a picture of Mom standing sideways in the same spot and watch how she and baby grow and add next to the string.

**Note:** Fun for mom/dad/partner to do together. Take a picture and share with home visitor.

5 hrs

**DECEMBER 2020**

**Prenatal Program**

**Family Engagement**

**Home Project**

Parent’s Name: _________________________________  Parent Signature: _________________________________

Site: ______________ Class #: __________

Teacher’s Signature: ___________________________