

**JANUARY 2021**  
**EARLY HEAD START 12-18 MONTHS**  
**FAMILY ENGAGEMENT HOME**  
**PROJECT**

**Child's Name:**

**Site:**

**Class#:**

**Teacher's Signature:**



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   | Weekly Total |
|--|--|--|---|---|---|--|--------------|
|  |  |  |   |   | 1.<br><b>Happy New Year!</b>  | 2.<br><b>Winter Break</b>  |              |
| 3.<br><b>Winter Break</b>  | 4. Cut out a variety of shapes from a carton box. Encourage child to color them, put stickers, etc. Encourage child to name and find more shapes around his home.                                  | 5. Set up an obstacle course so child can practice particular skills, e.g., hopping, and balance.  | 6. Provide a variety of self-care materials for child to explore, e.g., dolls to dress and undress, shoes to lace and tie, dress-up clothes with fasteners of varying difficulty. | 7. Cut out a few long pieces of tape onto a wall, eye level to your toddler. You can stick piece of paper or different items. As you stick or unstick you and your toddler can count. | 8. Gather some water in a cup, using sponges, or paint brushes your toddler can submerge it and paint on concrete or wood. you can also include food coloring to the water if you like. You can help your toddler by describing the marks they paint. | 9. Read books with your child. Use big books and colorful to keep child interested in the story. Ask questions related to what he/she sees in the story/book   |              |
|  | 1 hr   | 20min  | 30min   | 20min   | 20min   | No time allowed  |              |
| 10. Sit across from your child on the floor, hold hands and rock back and forth while singing Row your Boat.   | 11. Using a laundry basket and recycled paper, make a bunch of paper balls and practice throwing into the basket. Then try throwing the ball from different distances.                             | 12. Sit on the floor a few feet from your child and demonstrate how to roll a large ball. Encourage him to roll it back and make a fun game of it.   | 13. Create a box with a hole cut in the box. Decorate the box and insert scarf or different materials for child to pull materials out of the box. Strengthen his/her hand grasp.  | 14. Put socks on the child's toes and then encourage him or her to pull them up to the rest of the way. Provide only as much help as necessary.                                       | 15. Use empty paper towel/toilet roll and show child how to put it against his mouth and speak, sing or make silly sounds. Skills: Receptive/expressive language imitation  | 16. Place your child on your lap, have some tins, pots or pans so your child can explore. You can explore sound, hand eye coordination and gross motors.   |              |
| No time allowed  | 20min  | 20min  | 30min   | No time allowed   | 20min   | 30min  |              |
| 17. You will place yogurt onto an ice tray, your child can assist the adult. Once trays are completely full the adult will assist the child by placing small amounts of food coloring into each tray. After you can explore the colors and even paint with it. | 18. Cut out a red, blue and yellow piece of paper. You can then practice saying the colors, then ask your child for a particular color and look around your house to match the color to an object. | 19. Provide balls of various sizes, textures, and grips to explore. Include balls with chimes, bells, and visible items rolling inside. Ask child to show you sizes and describe sounds for child. | 20. Gather different size boxes and place them around one area and have your child stack them after you model what they can do.   | 21. Play games like Simon says to find body parts. Encourage child to lead the game and you can follow his/her commands. Add pictures of the body parts.                              | 22. Create a feelings book, talk to your child about the different feelings there are. Together you can also draw the different emotions using crayons or markers.  | 23. Create a list of question 2 or 3 questions and posted them in a place that will be easy for you to look. Ask those questions to your child as a routine to improve her/his communication skills. e.g. What do you think about our food today? etc. |              |
| No time allowed  | 20min  | 30min  | 20min   | 30min   | 20min   | 20min  |              |
| 24. Read books with your child. Keep it short and interactive to hold his/her interest.  | 25. Provide riding toys for child to push with his/her feet and eventually pedal.  | 26. Have child help you sort clothes. Have a basket for his clothes and one of mom and dad's clothes. This will help child to classify by sizes.   | 27. Use flash cards and glue pictures that have emotions. Ex: child smiling and talk to your child. Encourage child to name the emotions/feelings                                 | 28. Mystery box. Use the previous box with a hole cut to feel and touch different textures and try to guess what can it be game.  | 29. Make the sounds of different animals, then ask child to name of the animals. You can also show the animals and ask to make the sounds.  | 30. Create a book using pictures of family members. Tell a story to your child about each family member. Help them name each person.   |              |
| No time allowed  | No Time Allowed  | 30min  | 1hr   | 30min   | 30min   | 1hr  |              |
| 31. Go for a walk and collect different shaped leaves. Have child sort the leaves by size. A pile with big leave and a pile with small leaves. Have child make a collage and glue them on paper.   |  |  |   |   |   |  |              |
| 1hr  |  |  |   |   |   |  |              |

