

# JANUARY 2021

## EARLY HEAD START 6-12 MONTHS

### FAMILY ENGAGEMENT HOME PROJECT

Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_ Class #: \_\_\_\_\_

Teacher's Signature: \_\_\_\_\_



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total Weekly
					1. Get an empty plastic bucket or a carbon box and have the child throw toys into it. Name the toys.	2. Read books to your baby Use loud or soft tone of voice.	
					NO TIME ALLOWED	NO TIME ALLOWED	
3. Have a radio available. Play some classical music to your baby. Dance with your baby.	4. Read books to your baby. Use loud or soft tone of voice.	5. Put a toy or book inside an empty cardboard box. Wrap the box. Clap your hands when baby yanks it opens then describe what is inside. Take a picture and share with teacher.	6. Put holes in a lid of empty container or a water bottle and fill with water to make fun bath time toy. Take a picture.	7. After you give your baby a bath, with gentle touch massage your baby's legs, arms, head, etc.	8. Get an empty plastic bucket or a carton box and have the baby throw toys into it. Name the toys.	9. While you breastfeed or bottle feed your baby look into his eyes and with a gentle touch embrace his face, arms, etc. Tell him how much you love him.	
NO TIME ALLOWED	NO TIME ALLOWED	20 min.	20min.	NO TIME ALLOWED	20min.	NO TIME ALLOWED	
10. Practice safe sleep. Place your baby on a firm mattress. Baby should be place on his back.	11. While dressing your baby name every clothing that you are dressing them and the part of the body.	12. Read an animal book to you baby as you read the book make the sounds of the different animals. Find images in the internet and make an animal collage	13. Demonstrate and show your baby left from right. Give your baby toys in their right and left hands so they can practice throwing with both arms.	14. Provide riding toys for baby to push with his/her feet and eventually pedal.	15. Water Bottle Fun: Put some buttons or marbles in a tight sealed water bottle. Give it to baby and let them shake it around. SAFETY FIRST.	16. Sing a song that involve body movements and name body parts as you model for the baby.	
NO TIME ALLOWED	NO TIME ALLOWED	1hr	20min.	NO TIME ALLOWED	20min.	NO TIME ALLOWED	
17. Sing a song that involves body movements and name body parts as you model for child.	18. Roll to Me: Roll a large bouncy ball back and forth between you and your baby.	19. Let baby touch fabric with different textures such as wool and velvet. Use different word to describe each one to him: soft rough. smooth	20. Sing a song that involve body movements and name body parts as you model for baby.	21. Encourage baby to crawl inside the house. Roll a soft ball across the room. Tell baby they should go for the ball and use the words, Ready, set, go.	22. Be like a Baby: Does baby bang blocks together or clap their hands? Its your turn to copy them! When baby does an action, repeat it	23. Give baby teething rings that have different textures. Give baby a new sensory experience	
NO TIME ALLOWED	30min.	20min.	NO TIME ALLOWED	20min.	NO TIME ALLOWED	20min.	
24. Read books with your baby. Keep it short and interactive to hold his/her interest.	25. Read to your baby nursery rhymes so that they can repeat words such as hey diddle diddle other rhymes.	26. Create a sensory necklace for your baby for your baby to feel. Watch the baby expressions.	27. Disappearing Cheerio Create your own version of the old-fashioned shell game by hiding a Cheerio under a cup and seeing if your baby can find it.	28. Sticky board Have a board in a wall at baby's eye level and provide them with several toys, letters or numbers. They will love how the toys stick or fall from the board.	29. Pour several colors of paint in several small plastic plates, then let your baby dip the sponge in the paint and have a piece of paper/ carton to paint on.	30. Read books to your baby Use loud or soft tone of voice.	
NO TIME ALLOWED	20min.	20min.	20min.	20 min	20min.	NO TIME ALLOWED	
31. Play a variety of music. Encourage baby to use kitchen tools, fabric, etc. and use them an instrument to create music							
20min.							