

JANUARY 2021

EARLY HEAD START 18 TO 3 YEARS

FAMILY ENGAGEMENT HOME PROJECT

Child's Name: _____

Site: _____

Class #: _____

Teacher's Signature: _____



Volunteers of America
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total Weekly
					1. Help your child with his/her hand-eye coordination and balance with this Bowling game. Set up empty water bottles to make bowling pins. Show your child how to roll the ball to knock down the pins.	2. Read your child's favorite book. Ask your child questions about the story, and ask them the reason why they chose that particular part of the story.	
					30min	No Time allowed	
3. Read the same book from previous day to your child. Have your child draw/scribble a picture of his/her favorite part and document his/her response.	4. Provide different sizes of plastic containers from your kitchen. Help your child classify by size (small, medium, large). Then have your child stack them up.	5. Identifying Sounds. Ask your child to identify sounds he/she hears during a nature walk around your neighborhood.	6. Practice counting with your child. Count how many apples you bought at the supermarket, count the socks after doing laundry, count how many plates are needed for dinner, etc.	7. Using recycled paper, magazines, or newspapers, have your child cut/rip the paper and then paste them on a separate piece of paper.	8. Discuss with your child about the different shapes found around your home. Talk to your child about the name of each shape and about how many sides/corners each shape has. You can also have your child count out the different shapes.	9. Create a boys and girls family graph on a piece of paper. Help your child count how many girls and how many boys are in your family and place a line or dot under the corresponding spot. Ask, your child, are there more girls or boys in our family?	
30m	30min	No Time Allowed	30min	30min	15min	30min	
10. Talk to your child about the activities, toys, friends, and teachers he/she has at school.	11. From yesterday's discussion, have your child draw/scribble his friends, teachers, and toys on a piece of paper. Bring to school to share.	12. Show your child how to kick and throw a ball by using different sizes of balls. Enjoy your time together by playing out on the yard, inside your home or at the park.	13. Using a measuring tape, help your child measure different items found around your home (inside and outside).	14. Draw a Gingerbread (boy/girl) on a piece of paper. Have your toddler decorate it and post on LG	15. Practice gross motor by taping lines on your floor. Practice jumping, leaping, hopping, etc. from one line to the next one. Write observation.	16. Make small balls out of recycled paper. Use an empty water bottle and tweezers. Have child practice fine motor by picking up and dropping in.	
No Time Allowed	30min	30min	30min	30min	30min	30min	
17. Create paper plate emotion faces with toddler. Cut one plate to do two. Discuss what makes them sad, happy etc. Post it on LG.	18. Ask your child to describe feelings and draw/scribble pictures using the feeling faces created the previous day.	19. Create sensory bags with sandwich bags. Add different textures to each one. Tape all sides. Allow child to explore. Post it on LG.	20. (Part 1) Trace toddler hands on paper x2. Child will draw "dirty hands" on one set and clean hands on the other. Cut out. Talk to your child about the importance of washing hands.	21. (Part 2) On separate paper child will glue hands and label one set dirty and one set clean. Post it on LG	22. Discuss importance of hand washing and practice washing hands for 20sec. by singing happy birthday song. Post video/picture on LG.	23. Create a home-made instrument ex. Shakers, drums. Use home supplies ex. Recycled materials.	
20min	20min	30min	30min	15min	15min	1hr	
24. Dance and play together to your favorite song while playing your new instrument. Post video or picture on LG.	25. Go on a nature walk and point to the different insect you see. Come back home and draw pictures of the insects you and your child saw.	26. (Part 1) Create an insect using an empty paper towel roll. Have your child paint it and decorate it. Post it on . LG	27. (Part 2) Cut yesterday's insect into 3-4 parts. Have your child practice putting all the pieces of the insect back together. Post on LG	28. Cooking: Place yogurt in small bag. Make small hole. Child will pour on baking sheet. Freeze then enjoy frozen yogurt drops.	29. Sock matching. Child will help make pairs of socks, putting pairs together. Post observation on LG.	30. Read a favorite winter book. Child will draw favorite part of story. Post on LG.	
20min	20min	30min	30min	1hr	30min	30min	
31. Go for a walk and talk about the weather with your child.							
No Time allowed							