

APRIL 2021
EARLY HEAD START 6-12 MONTHS
FAMILY ENGAGEMENT HOME PROJECT

Child's Name:

Site: _____ Class #: _____

Teacher's Signature:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Total Weekly
				1. Tape a variety of yarn, string or ribbon from the edge of a table so it hangs down. Encourage baby to crawl through the dangling curtain of string.	2. Put out some pom-poms or other palm sized objects and a cupcake tin or other plastic container. Encourage baby to place the objects inside the different containers and then reach and pull them out.	3. Pick some books to reach with your child. Use soft books or those with colorful pages and pictures to keep your child interested in the story.	
				NO TIME ALLOWED	30 MIN	NO TIME ALLOWED	
4. Point to different body parts on your baby. As you do name that body part such as eyes, nose, fingers, feet, etc. Point to those same body parts on you. Encourage baby to point with you.	5. While in your home find different objects to count. For example, chairs, couches, people, pictures, etc. As baby is playing count toys that are similar as well.	6. Find an empty cereal or show box. Cut out different shapes from construction paper, place stickers, or cut pictures from magazines. Place them on the outside of the box and add clear tape over. Sit with you baby and point to and identify each of the items to help build language.	7. Collect containers that roll, place one at a time and roll it to see how far it goes. Then have the baby pick a container and have him roll it. As you continue rolling play races with the baby and see who wins.	8. After a bath or during changing, gently massage baby from top of head to bottom of feet. Softly talk to your baby while you do or sing some songs.	9. Say the name of an animal and try to imitate the sounds they make. Give your baby a chance and see if they will try to make the sounds too. Practice with a variety of animals and encourage your baby to imitate you each time.	10. Put on some fun music and gather some items that will make music such as boxes, kitchen pots, shakers, spoons or spatulas. Encourage baby to make music with the items and hear the sounds they can make.	
NO TIME ALLOWED	NO TIME ALLOWED	1hr	30 MIN	NO TIME ALLOWED	NO TIME ALLOWED	30 MIN	
11. Blow bubbles encourage child to blow and observe how they drop on the floor.	12. Give your baby a crayon and put some paper in front of them. Model for them how to scribble and draw. See what your child makes and praise their efforts and creation.	13. Place several colors of paint on a pieces of paper and have your baby use their fingers, moving them in different directions. You can make your own finger paint using flour, water and food coloring.	14. Put a variety of cups and containers in a tub. Let baby explore how they collect and pour water while they build their gross motor skills.	15. Pick a book your baby enjoys and read it together. As you do snuggle your baby in close. Encourage them to turn the pages and support their hands and fingers if needed.	16. Gather some beads, glitter, foam letters, etc. Put items in a water or soda bottle and fill with water and seal the top with glue and tape. Give it to baby and let them shake it around.	17. Go out for a walk. While you're out point to different items that are colorful. If baby is looking as something stop and help them get closer to investigate.	
NO TIME ALLOWED	30 MIN	30 MIN	30 MIN	NO TIME ALLOWED	1hr	NO TIME ALLOWED	
18. While eating, encourage your baby to use a spoon or fork to help build their self-feeding skills. Support with lots of language like in/out, soft, crunchy, etc.	19. Picking items around the house. Give the baby a small basket and have the baby pick small items and have him place them in the basket. Model for the baby first.	20. Place easily grasping toys on the wall with a little tape. If baby is sitting have them sit and work or place baby on their tummy and place them low on the bottom of the wall. Encourage baby to reach and pull them off.	21. Practice walking skills by encouraging your baby to hold on to you and take a few steps. Repeat throughout the day.	22. Encourage baby to crawl around inside house. Roll a soft ball across the room. Tell baby they should go for the "ball" and use the words, "Ready, set, go."	23. Encourage baby to try new and further movements by placing toys on the floor around baby where they must move to reach them. Cheer them on as they try and reach, scoot and crawl.	24. Collect an old meal container, seal the top around. Then cut a line in the middle making wide enough the cut to fit a deck of cards. Your baby will enjoy inserting it inside.	
NO TIME ALLOWED	30 MIN	30 MIN	NO TIME ALLOWED	30 MIN	NO TIME ALLOWED	1 HR	
25. Read a book to your baby, pointing to the pictures as you read and engage by changing your voice to different characters. Help the baby to turn the pages.	26. Sing some songs or put on some music. Clap your hands to the music and encourage your child to do the same. Hold their hands and model for them. See how your child plays and claps along.	27. Grind cheerios or other cereal into "sand" by placing in a bag and rolling a can or rolling pin on it. Find baby safe toys or containers and allow child to play in the sand, filling and dumping. If baby puts it in their mouth you don't have to worry.	28. Give baby a bath before bedtime. After drying them off, lay your baby on a soft surface and give them a baby massage. Gently massage their legs and feet, arms and hands head and back. Watch as baby relaxes and gets sleepy Use a little lotion if you'd like too.	29. Place some paint in a zip lock bag, remove as much air as possible and seal. Tape the bag to a table or to the floor. Use your finger to show you baby how they can draw. Talk about the shapes, colors, and designs that you and baby make.	30. Use a box. Cut and paste colorful pictures from magazines or pictures of family and friends. Cover it with clear duct tape or contact paper. Describe what they are seeing as they look at it.		
NO TIME ALLOWED	NO TIME ALLOWED	1hr	NO TIME ALLOWED	30 MIN	1 HR		