



MARCH 2021
PRENATAL PROGRAM
FAMILY ENGAGEMENT
HOME PROJECT

Parent's Name: _____

Site: _____ **Class #:** _____

Teacher's Signature: _____

Week #1 - Topic: Social Support Resources/Drawing		Week #2 – Topic: Health		WEEKLY TOTALS
<p>Why this activity? Increases parent's knowledge of community resources – BE PREPARE</p> <p>What we need:</p> <ul style="list-style-type: none"> • Pencil, pens or markers • Paper OR map of your town • Community Flyers <p>How we do it? Talk with parent about services for families with young children in their town. Use a map or draw a picture of your town. Highlight buildings that house community resources (WIC office, library, farmers' markets, doctor's office etc.) Help parent plan how they can get there: will they need to take the bus, can they walk there, where to park, etc...</p> <p>Note: Encourage mom to be prepare and empower her independence.</p>				
5 hrs				
Week #3 – Topic: Nutrition		Week #4 – Topic: Wellness-Mental Health		

Parent Name: _____ **Parent Signature:** _____

**** The project must reflect the time indicated on the sheet.**