MARCH 2021
EARLY HEAD START
18 MONTHS - 36 MONTHS
FAMILY ENGAGEMENT HOME PROJECT

Childs Name:_____
Site: _____
Class #:_____
Teacher Signature: _____

Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
	1 Use the morning time to talk to child about the sunrise. Walk outside or look out a window. What do you see?	2 While recalling the sunrise, help child draw a picture of a sunny day. Describe what child is drawing. Write what child says.	3 Create a sound maker using an empty plastic bottle and items collected from your garden (rocks, twigs, etc).	4 Create a dance move using your upper body (arms, shoulders, elbows, chest, etc.) Name them as you move them.	5 Pour water on the ground. Join child in jumping in the puddle and create shoe or foot prints.	6 Take a walk outside and help child listen to bird calls. Encourage child to imitate the calls.	
	15 min	30 min	30 mi	15 min	15 min	No time allowed	
7 Create a silly greeting using hands and facial expressions. Have family join in creating a unique greeting.	8 During an outing, create an "I Spy" game with child, focusing on nature elements (trees, flowers, animals, etc.)	9 Find a garden during a walk and look at blooming flowers. Have child draw picture of flowers observed and talk about the colors they saw.	10 Using the supermarket ads, look for red fruits and vegetables. Which ones do you eat at home?	11 Collect some dirt from the ground, wet it and let child touch it and use it for molding. Talk about the dirt's characteristics.	12 Find your favorite outdoor toy. Take time to use it and share it with a sibling or peer.	13 Have child help you during a simple cleaning task (holding dust pan, wash a dish, put toys away, etc.).	
No time allowed	15 min	30 min	15 min	30 min	15 min	No time allowed	
14 After playtime, take a water break with child. Talk about the importance of staying hydrated.	15 Using old cardboard, cut out large circles, place them on ground and create a walking trail.	16 Create a drawing of your favorite flower, plant or tree. Why is it your favorite? Bring drawing to school and share with peers.	17 Make a head adornment using nature items like flowers, sticks, leaves, etc. Wear it to school.	18 Help child draw a flower and name the parts. If possible, use a real flower as a model for the drawing.	19 Tame a moment to snuggle with your child as you read child's favorite book.	20 Create a favorite toy box for child to take on long trips. Let child choose its content.	
No time allowed	30 min	30 min	30 min	30 min	No time allowed	30 min	
21 Find a cozy area in the house to rest with child after rigorous play. Have child find cozy items to enhance the resting area.	22 Have child help water a plant. Talk about the importance of watering plants.	23 Using nature items, help child make the letter of her name. Bring the product to school to share with peers.	24 Let child choose an outfit he can wear during a warm day. Have child name the clothing articles and identify the part of the body they are worn on.	25 Let child submerge feet in small amount of water. Have a conversation about what they see happening to their feet.	26 As child gets ready for bed, play a game of Peek-a-Boo using his blanket.	27 Using old newsprint, let child tear paper into strips. Talk about length, width.	
15 min	15 min	30 Min	15 min	15 min	No time allowed	15 min	
28 Have family join in creating a book about activities they like to do when spring arrives. Bring to school and share.	29 During handwashing, sing a song with child. Model proper handwashing procedures.	30 Have child help collect nature items and create a collage. Bring to school to share.	31 Draw a picture of a bird observed in a garden or a park. Have child tell you about her drawing.				
1 hour	No time allowed	1 hour	30 min				