

MAY 2021
HEAD START 3 - 5 YRS OLD
FAMILY ENGAGEMENT HOME
PROJECT

Child's Name:

Site:

Class #:

Teacher's Signature:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			3			1. During dinner time, talk about how your day was.	
						No time allowed	
2.. Playing with Balls. Using a variety of balls have your child roll them to a target. Have your child document which was slower? Which was faster? And why?	3. Exercise for 10 minutes. Make up your own exercise moves!	4. Using any type of building materials, help your child build a structure. Talk about the process. E.g. toothpicks, straws, small rocks, tree twigs. The possibilities are endless.	5. Have your child sort his/her socks. Have them document how the socks where sorted.	6. Float and Sink" Provide your child a variety of small items. On a container add water and have your child predict if the item will sink or float. Document the findings.	7. Go on a letter hunt in your house. Have your child find the letters on his/her name. Have them practice their name writing.	8. Try a green food today. Talk to your family about the texture and the taste.	
1 hour	No Time allowed	1 hour	20 min	1 hour	30min	No time allowed	
9. Cut out healthy green foods from a market ad. Paste them on a paper and circle the one you have tried before.	10. Draw a rainbow. Name and label the colors of the rainbow.	11. Create a paper airplane. Have your child guess the distance the plane will go? Or how long before the plane lands. Bring the plane to school.	12. Go on a number hunt in your house. Help your child identify the number (if they do not know). Document: in what places the numbers were found.	13. Making ice. Add water to 3-5 different size containers and put them to freeze. Ask your child: What will happen to the ice? Which one will freeze faster and why do you think that? Document what your child says. (note: save ice for next day's activity	14. Using the ice from the previous day ask your child: What will happen if we leave the ice in the sun? In the shade? And try it out. Document the findings.	15. Make up a silly dance. Dance with your family.	
1 hour	30 min	30 min	30 min	30 min.	30 min	No Time allowed	
16. Draw two sets of teeth. Label one drawing "healthy teeth" and the other "unhealthy teeth". From a market ad have your child cut out a variety of foods. Then have them glue the foods onto the "healthy" or "unhealthy" side.	17. Read a book to your child. Have your child read the book back to you. Draw a picture together about the book.	18. Prediction: Fold a piece of paper into 4 sections. In each section have your child mix any two colors together. Have them predict what will happen? Write down the child's responses on each section.	19. Try some yoga with the entire family.	20. Create a puppet using recyclable materials. Talk to your child about the importance of recycling.	21. Create a parachute using materials you can find at home. Have your child bring it to school so they can test it out!	22. Go on a walk to the park or your neighborhood. Talk about the different sounds you hear. Create a list of the sounds that were heard.	
1 hr.	1 hour	1 hr.	No Time allowed	1 hour	1 hr.	30 min	
23. Book of Letters: Create a book with the letters of your name. On each page you will write one of the letters in the name. For each letter draw a picture that begins with that letter.	24. Create a BINGO game using the letters in your child's name. If the name has a few letters, add the letters in the last name.	25. Go to the park or your backyard. Lay down as you watch up in the sky. Have your child talk about what they see. Draw a picture!	26. Create a 3D picture. For example I may use cotton balls for clouds or perhaps yarn for the grass. Be creative!	27. Go the library and check out a book of "Summer". Draw a picture of what things you can do during the summer.	28. Make a fruit salad together and talk about the colors and the process. Enjoy!	29. Have your child choose a chore around the house. Talk about the importance of team work!	
1 hour	1 hr.	1 hr.	1 hr.	1 hr.	No Time allowed	No Time allowed	
30. Have an adult help you make a lemonade. Write the steps on how you made it and draw a picture.	31. Create a 3-D dimensional shape.						
1 hr.	1 hr.						

