

# AUGUST 2021

## EARLY HEAD START 18 MONTHS - 36 MONTHS

### FAMILY ENGAGEMENT HOME PROJECT

**Childs**

**Name:** \_\_\_\_\_

**Site:** \_\_\_\_\_

**Class #:** \_\_\_\_\_

**Teacher Signature:** \_\_\_\_\_



**Volunteers of America**  
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
1. Read your child a book of their favorite character. Make a stick puppet of that character.	2. Finger painting. Help your child explore the paint with their finger. Have your child create a painting with the paint.	3. Talk about the weather outside today. "It is sunny today. I am hot."	4. Make a fruit smoothie with your child. Talk about different fruits that you can use. Take a picture.	5. Water Play. Pour water in a large bowl. Place various items (toys, balls, sponges) talk about what is happening in the water.	6. Follow the Leader. Encourage your child to follow your lead as you exercise together	7. Whispering. Whisper something to your child, then ask your child to whisper something back. Until they understand how to make their voice low	
1 HR	1 HR	NO TIME ALLOWED	30 Mins	1 HR	30 Mins	30 Mins	
8. Matching game. Create your own matching game with your child using their favorite pictures.	9. Bring a family photo to your child's class or ask teacher to take a photo of you and your child.	10. During bath time, give your child a few toys and talk about everything he/she sees and touches. "The soap is making bubbles on your tummy!"	11. Go for a walk. Collect different types of leaves. Talk to your child about the leaves. Glue on construction paper.	12. Sing your favorite songs with your child. (Head, shoulders, knees and toes) Talk about body parts. Take a picture	13. Toddler blocks. Create your own blocks using boxes, milk cartons. Decorate them with colorful contact paper, construction paper.	14. Create a kite using a paper bag and yarn. Talk to your child what you are doing.	
1 HR	10 Mins	NO TIME ALLOWED	1 HR	30 Mins	1 HR	1 HR	
15. Create a family album. Talk to your child about your family. Take the book to the school.	16. Having fun with bubbles. Provide bubbles solution to your child. Let them use straws, bubble wands. Take a picture	17. Fun with Balls Take your child to the park. Give your child different type of balls and let them play. Take a picture	18. Tongs game. Collect a group of small toys into a large box or bowl. Show your child how to pick up a toy with the tongs. Take a picture	19. Create a Maraca with your child using recyclable materials. Talk to the child about the process. Bring to class	20. Have your child practice the primary colors by showing them pictures with the colors.	21. Car Book. Create a car book by looking through old magazines for pictures or other vehicles	
30 Mins	30 Mins	1 HR	1 HR	1 HR	NO TIME ALLOWED	1 HR	
22. Nursery Rhymes. Sing your favorite nursery rhymes to your child. Ex. Five Little Mice	23. Sand Play. Pour sand in a large container add some measuring cups and spoons. Let your child play with it. Take a picture	24. Play some music with the family. Have your child choose a song to dance to.	25. Create a surprise box. Use a shoe box and put small different items. Talk to your child about the items they take out of box. Take a picture	26. Playing Catch. Take your child to the park. Show your toddler how to make a cradle with his arms to catch the ball.	27. Have your child draw her teacher and ask him to describe her. Bring to class	28. I Brush my teeth. Show your child how to brush their teeth. Encourage them to do it by themself	
10 Mins	1 HR	10 Mins	1 HR	30 Mins	30 Mins	10 Mins	
29. Feelings. Find Pictures of people expressing feelings. Look at the pictures with your child and talk about each one.	30. Collage. Gather together lots of adds, junk mail, greeting cards string, yarn etc. Let your child glue it on a piece of paper.	31. Make up a song with your child, practice singing it. Bring the written song to school.					
NO TIME ALLOWED	30 Mins	1 HR					