




AUGUST 2021
PRENATAL PROGRAM
FAMILY ENGAGEMENT
HOME PROJECT

Parent's Name: _____

Site: _____ Class #: _____

Teacher's Signature: _____

Topic: What's in your heart! 	WEEKLY TOTALS
<p>Why this activity? Helps parents process their emotions</p> <p>What we need:</p> <ul style="list-style-type: none"> • Papers • Markers • Magazines • Glue • Fabrics: felt, etc <p>How we do it?</p> <ul style="list-style-type: none"> • Have parent draw a large heart on the paper, felt, etc. • Parents write/cut words from magazines: any hopes, dreams, anxieties, fears, or questions they might have about their baby. • Parents will share final project with Home Visitor • Home Visitor helps process emotions, reflect upon anxieties and help address uncertainties with additional resources, referral, etc. <p>Note: This activity can be done together Mom and Dad or each parent can create their own heart and after they finish they come together and share.</p>	
<p>4 hrs</p>	

Parent Name: _____ Parent Signature: _____

**** The project must reflect the time indicated on the sheet.**