OCTOBER 2021

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs Name:_____
Site: _____
Class #:_____
Teacher Signature: _____

Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					1. Handwashing. Practice washing your hands with your child. Sing the ABC song. Do it for 20 seconds. Describe what you are doing.	2. Have your child look at magazines. Cut and glue pictures related to hand washing on a piece of paper. Ex: soap, towels, etc. Return to school	
					20 Mins	20 Mins	
3. Visit the library. Find a book about handwashing or safety. Read the book to your child	4. Have your child read a book from the library. Encourage child to scribble. Take a picture	5. While you wash the dishes. Encourage your child to help you wash small items. Talk about why we wash the dishes.	6. Before taking a bath/shower. Talk to your child about the items that will be needed during bath time.	7. Visit the library. Read books about street safety. Ex: bus, walking, stop sign, car safety, etc.	8. Take a walk with your child. Talk about trees, leaves, cars, etc. Encourage child to collect leaves and do a collage.	9. Listen to different types of music encourage your child to find any item to use an instrument. Take a picture and enjoy together.	
No Time Allowed	15 Mins	No Time Allowed	No Time Allowed	No Time Allowed	20 Mins	15 Mins	
10. Talk about why we wash our hands. What are GERMS? What is being safe? Why we need to practice safety skills?	11. During bath time encourage child to wash their toys, dolls, etc. Talk about safety during bath time.	12. Listen with your child his favorite songs. Dance with your child. Make silly dance movements.	13. Visit the library. Read books about street safety. Ex: bus, walking, stop sign, car safety, etc.	14. While DRIVING talk to your child about the importance of SEAT BELTS. Why we have different sizes of CAR SEAT with seat belts.	15. Take a picture of your child on his car seat. Glue it on a paper and ask him to tell you why he needs to be in a car seat. Write it down and return to school.	16. During bath time encourage child to wash his favorite toys. Talk about safety during bath time.	
No Time Allowed	20 MIns	No Time Allowed	No Time Allowed	No Time Allowed	20 Mins	20 Mins	
17. HOME SAFETY: talk to your child about your home and what things /places they are not allow to touch/go in. Use SAFETY LATCHES.	18. Play dress up. Talk about the different items. Describe colors and size.	19. Make a pattern by clapping and stomping and have your child repeat the pattern. Take turns creating a new pattern.	20. You and your child, try a new food from a different country. Ask your child the following: How did it taste, how did it look, did you like it.	21. While your child is playing at home/outdoor. Take a picture of his dirty hands. Practice handwashing and take a picture.	22. Rubber band some Q-tips together and dip in paint to create a beautiful fall tree painting. Talk about the colors of fall. Brown, green, etc	23. After spending time away from your child, tell your child about your day. Ask your child about his/her day at school. What they did, ate, played, etc.	
No Time Allowed	No Time Allowed	No Time Allowed	No Time Allowed	30 Mins	30 Mins	No Time Allowed	
24. With your child's help, draw their hands on a piece of paper. Count their fingers. Ask them what do we use to wash our hands and why? Take a photo and share with teacher.	25. Together look thru photo albums (print or digital) and name the people you know. Talk about where they live, what they do, etc.	26. Make sensory foam with dish soap and a little bit of water and food coloring. Put on a tray to explore! Ask your child questions. Talk about safety of the eyes.	27. Lay pillows and cushions on the floor in a line. Attempt to walk/crawl across them! Pretend you are on top of a wood log. Talk about balancing.	28. Read to your child. Read his favorite book. Ask him questions.	29. Visit a pumpkin patch. Talk about safety. Ex: No talking to strangers. Ask child how he felt about visiting the patch. Take a picture and return to school.	30. Play dress up. Be a doctor, teacher, super hero, etc. Take a picture and encourage your child to tell you their feelings of dressing up.	
30 Mins	No Time Allowed	30 Mins	No Time Allowed	No Time Allowed	1 HR	No Time Allowed	
31. SAFETY: Handwashing Car Seats Seat belts Flu Shot Beware of Candy							