

**SEPTEMBER 2021**  
**EARLY HEAD START 12-18**  
**MONTHS**  
**FAMILY ENGAGEMENT HOME PROJECT**

**Childs**  
**Name:** \_\_\_\_\_  
**Site:** \_\_\_\_\_  
**Class #:** \_\_\_\_\_  
**Teacher Signature:** \_\_\_\_\_



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. Visit the library. Encourage your child to pick books to read.	2. Practice tooth brushing with your child. Do it twice a day. Talk about clean teeth and the benefits of having clean, fresh teeth.	3. While you separate different items: laundry, groceries, etc. Give child directions. Place the white sock with the white clothes. Put the can inside the cabinets.	4. Use a big carton box. Cut a big piece and encourage your child to lay on the carton so you can trace his body. Draw face, hand, toes, etc. name the parts and encourage child to point to the parts. Take a picture and share.	
			No Time Allowed	No Time Allowed	20 Mins	1 HR	
5. Encourage your child to name the parts of his body on the carton that you trace. Ask, does it look like you? Can you name your body parts? What else can we add?	6. Pull a chair and encourage your baby to stand on the back of the chair and try to push the chair. It will help her to balance and walk.	7. Sing songs to your baby. Use an instrument while you sing the song, clap your hands while you sing or use a spoon or something to make into an instrument.	8. After you give your baby a bath. Use lotion and massage your baby by using soft up and down strokes all around her body.	9. While you dress your baby. Name his body parts, clothes, colors, texture etc. Encourage child to dress himself.	10. Gather different sizes and types of balls. Ex: tennis, soft, big, basketball, etc. Talk about the texture, size, etc. Encourage child to roll, bounce, and throw the balls.	11. Ask your teacher to give you contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to place his favorite toys on the sticky part and pull off.	
No Time Allowed	20 Mins	No Time Allowed	No Time Allowed	No Time Allowed	20 Mins	20 Mins	
12. Lie on your back and draw your knees up to your stomach. Cross your feet at the ankles. Rest your baby on top of your lower legs. Bounce your baby up and down. Move them slow and fast. Have fun with your baby.	13. Collect toilet rolls. Cut them in half. Use a shoe box and trace the rolls on to the lid. Cut the circles and encourage child to fit the rolls inside the shoebox/lid. Cut smaller circles and ask child why it doesn't fit? Talk about size.	14. Ask your teacher for contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to crawl or walk on the sticky part. Talk about the texture, how it feels.	15. While you are outdoors. Talk to your baby about the sounds, describe what you are doing or seeing.	16. Visit the library. Encourage your child to pick books to read.	17. While you separate different items: laundry, groceries, etc. Give child directions. Place the white sock with the white clothes. Put the can inside the cabinets.	18. Use the same big carton box. and encourage child to point to the parts. Take a picture and share.	
No Time Allowed	20 Mins	No Time Allowed	No Time Allowed	No Time Allowed	20 Mins	20 Mins	
19. Practice tooth brushing with your child. Do it twice a day. Talk about clean teeth and the benefits of having clean, fresh teeth.	20. Pull a chair and encourage your baby to stand on the back of the chair and try to push the chair. It will help her to balance and walk.	21. Encourage your child to name the parts of his body on the carton that you trace. Ask him does it look like you. Can you name your body parts? What else can we add?	22. Sing songs to your baby. Use an instrument while you sing the song, clap your hands while you sing or use a spoon or something to make an instrument.	23. Gather different sizes and types of ball. Ex: tennis, soft, big, basketball, etc. Talk about the texture, size, etc. Encourage child to roll, bounce, and throw the balls.	24. Ask your teacher to give you contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to place his favorite toys on the sticky part and pull off.	25. After you give your baby a bath. Use lotion and massage your baby by using soft up and down strokes all around his body.	
No Time Allowed	20 Mins	No Time Allowed	No Time Allowed	20 Mins	20 Mins	No Time Allowed	
26. Collect toilet rolls. Cut them in half. Use a shoe box and trace the rolls on to the lid. Cut the circles and encourage child to fit the rolls inside the shoebox/lid. Cut smaller circles and ask child why it doesn't fit? Talk about size.	27. While you dress your baby. Name her body parts, clothes, colors, texture etc. Encourage child to dress herself.	28. While you separate different items: laundry, groceries, etc. Give child directions. Place the white sock with the white clothes. Put the can inside the cabinets.	29. Lie on your back and draw your knees up to your stomach. Cross your feet at the ankles. Rest your baby on top of your lower legs. Bounce your baby up and down. Move them slow and fast. Have fun with your baby.	30. Ask your teacher for contact paper or use strips of clear tape. Place the sticky side up and encourage your baby to crawl or walk on the sticky part. Talk about the texture, how it feels.			
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