

OCTOBER 2021

HEAD START 3-5 YEARS OLD

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					1. On a white piece of paper, using the sunlight or flashlight, have child draw the shadow of your hands or feet or any object from home.	2. Have your child recall 3 classroom rules. Help them write the rules on a piece of paper. They may draw a picture that represents each rule.	
					30 Mins	1 HR	
3. Go on a nature walk and help your child search for bugs under rocks, leaves, rotting logs, etc. Have them draw a picture of each bug they found.	4. Walk to School Day! 	5. On a piece of paper, write the names of 2 or more family members (including child) that live in the home. Help child measure each family member with measuring tape and write # next to name.	6. Draw a fire escape plan in case of a fire and practice with your child how to escape. Teach them and practice stop, drop and roll.	7. Check out a book from the library on Fire Safety and have your child draw a picture of what he/she learned.	8. Science activity: plant a bean in a cup filled with soil. Talk to your child about what they think will happen to the bean in the soil. Have your child draw a picture of their guess.	9. Science activity: Have the child observe the bean they planted. Discuss any changes that they observe. Have them draw a picture of what they see.	
30 Mins	No Time Allowed	30 Mins	30 Mins	1 HR	30 Mins	30 Mins	
10. Write your child's name in large print. Ask your child to trace over each letter using a different color crayon each time.	11. Guess the emotion: Look @ people's faces in a magazine or book and have child guess what they are feeling (e.g. happy, sad, etc.). Have them draw a picture on how they feel.	12. Blind Taste Test: Have three types of fruit (e.g., apple, orange, and banana, etc.). Blind fold child have them taste each fruit and guess their names. Have them draw a picture of the fruits tasted.	13. Create a book about me: have child pick a theme (e.g., the food I like, my favorite toys, etc.) Have them cut and paste pictures that go along with their theme.	14. Take a walk around the neighborhood and during the walk say: "I spy with my little eye" and describe the item by color, size, or shape. Have child draw a picture of the different objects found during the walk.	15. Pour water in a large bowl. Place various household items (e.g. spoon, bottle cap, pencil, etc.) Have child guess what will sink or float. Have them draw a picture of the items that floated.	16. Science activity: have the child observe the bean again. Have them draw a picture of what they see. Discuss with child the differences from last week to today.	
30 Mins	30 Mins	30 Mins	1 HR	1 HR	30 Mins	30 Mins	
17. <u>CA Great Shake Out Earthquake Preparedness</u> Practice drop, cover, and hold on with your child. Create a disaster plan and go over it with your family.	18. <u>Male Involvement/Art:</u> Draw a Super Hero version of yourself and your superpower.	19. Mud painting: help child mix dirt with water. Have child create a painting with mud. Let it dry.	20. Create paper plate emotion masks. Have child draw a happy, sad, angry, and silly face, etc. Talk about the different feelings.	21. Get rid of germs: Pick a few plastic toys for child to wash with soap and water. Take a picture of child washing their toys.	22. Have your child move their body to music. Have them touch their heart when each song is over. Help them count the heart beats and write the number down after each song.	23. Science activity: have child observe bean plant. Help them measure the plant with a ruler. Have them guess how tall the plant is.	
1 HR	30 Mins	30 Mins	1 HR	30 Mins	30 Mins	30 Mins	
24. On a plate place a variety of items (i.e. chocolate, hard candy, magnet, pencil, etc.) Ask child to make a prediction of what will melt. Place plate under the sun and observe. Have child draw picture of the results.	25. Create a letter book (A-J). Each letter in a separate page. Have your child glue a picture of an object that starts with that letter.	26. <u>Male Involvement/STEAM:</u> Create a Super vehicle with your child using cardboard boxes.	27. Observe birds flying in the sky with your child. Ask your child to describe what they look like and have him/her draw a picture.	28. Have your child help you make a recipe for a fruit salad. What fruits and other ingredients would they add? Bring recipe to school.	29. Talk to your child about car safety. Discuss the importance of sitting in their car seat and wearing a seat belt. Have child draw a picture of them wearing a seat belt.	30. <u>Male Involvement:</u> Go on a safety walk: Help child identify the different traffic signs: stop, pedestrian crossing, do not enter, etc. Have them draw two signs.	
30 Mins	1 HR	1 HR	30 Mins	30 Mins	30 Mins	1 HR	
31. Take a walk w/ your child and look for a traffic light and discuss what each color means. Then talk about how to cross safely. Have your child draw a picture of a street light.							
1 HR							

