

APRIL 2022

**EARLY HEAD START 0-12 MONTHS
FAMILY ENGAGEMENT HOME PROJECT**

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



**Volunteers of America®
LOS ANGELES**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					1. Read favorite story of choice. As you're reading, hold your baby's hand and slowly guide him to point to the words that you are reading.	2. Silly Giggles: As you are talking to your baby, make different kinds of faces. Your baby will laugh and giggle.	
					No Time Allowed	No Time Allowed	
3. Stack different kinds of boxes. Model for your baby as you make a tower or building. Encourage your baby to kick the tower and see the expression on your baby's face.	4. Five little Ducks: Place five little rubber ducks in a small round pot with a little bit of water, then count them one by one. You can also make up a story.	5. Sing a song with your baby, such as "Where is Thumbkin," and use your hands and fingers. Or any other song. Children will see the hands and fingers movement, and they will imitate you.	6. After you change your baby's diaper. Practice Tummy Time so baby can start to strengthen her back, neck, and legs.	7. Paint your baby's foot with different colors of paints and place their foot on a piece of construction paper arrange the foot in different directions to create a mural. Write the age of your baby and date.	8. Yoga Time: Play soft music. Have your baby sit by you then hold her hands up and down slowly as the music plays softly. Do other movements while the music plays.	9. Take your baby for a walk by holding him/her with both hands, make small steps and frequent stops for baby to look around. Talk to baby about what you see.	
1 HR	No Time Allowed	No Time Allowed	No Time Allowed	1 HR	No Time Allowed	No Time Allowed	
10. Flower Hand Print: Paint your baby's palms with different color paint then place them on a piece of paper. Place them in different directions, once dry draw a circle in the middle and add a line.	11. Sing the song, " Old Mcdonald had a farm," and name some animals that live on a farm like a pig, cow ect. And make the sound they make for instance the pig goes " oink oink".	12. Read a favorite story to your baby. If baby falls asleep, continue to finish the story until the end.	13. Silly Giggles: As you are talking to your baby, make different kinds of faces your baby will laugh and giggles.	14. Cut 5 to 6 pieces of felt in a square, then paste several pictures of choice. Once the pictures are glued, cut small circles/hole punch on the edge of the squares place a ring. Children will be able to turn pages and talk about what they see.	15. Use a hard cardboard and glue different textures, like leaves, cloth, yarn, etc. Encourage baby to touch. Take a picture of your board and share with teacher.	16. Board Book Fun: Find books with interactive elements like fold outs or noises are fun surprises! Let baby take their time turning the pages.	
1 HR	No Time Allowed	No Time Allowed	No Time Allowed	1 HR	1 HR	No Time Allowed	
17. Ball Chase: Encourage baby to crawl around inside house. Roll a soft ball across the room. Tell baby they should go for the "ball" and use the words, "Ready, set, go."	18. Moo and Baa: Use animal sounds when playing or reading to baby. Point out a picture of an animal then make the sound that animals make: "A cow goes moo," "A sheep goes baa".	19. Creeping and Crawling: Baby may be rocking back and forth on tummy towards items of interest. Encourage movement by placing toys around baby where they must move to reach them.	20. Sitting Up to Play: Since baby can sit independently, sit on the floor and roll a ball to baby. Encourage them to roll it back using both hands so they can't use them for support.	21. Splish Splash: Take a small tub that baby can reach into and fill it with water. Put floating objects like plastic cups and spoons in tub. Let them splash and push the objects underwater, then watch them come up to float. *KEEP EYES ON BABY AT ALL TIMES*	22. Sing a song that involve body movements and name body parts as you model for child.	23. Roll to Me: Roll a large bouncy ball back and forth between you and your baby.	
30 Mins	No Time Allowed	No Time Allowed	30 Mins	30 Mins	No Time Allowed	30 Mins	
24. Be Like Baby: Does baby bang blocks together or clap their hands? It's your turn to copy them! When baby does an action, repeat it.	25. Play Hokey Pokey: Sit baby upright in your lap and sing the song while taking turns holding each of their arms and legs and gently moving them. Baby might laugh as you "shake it all about."	26. Read books with your child. Keep it short and interactive to hold his/her interest.	27. Provide riding toys for child to push with his/her feet and eventually pedal.	28. Shapes, Sizes, and More: Name textures, shapes, and sizes to help baby attach words to objects and experiences. Say things like "look at this big red ball" or "this stuffed animal is really soft."	29. Backyard Fun: Let baby explore the backyard safely. Take baby outside and let them touch the leaves and grass. Talk to them about what they see, hear, etc.	30. Water Bottle Fun: Put some beads, glitter, or marbles in a sealed water bottle. Give it to baby and let them shake it around.	
No Time Allowed	No Time Allowed	No Time Allowed	No Time Allowed	30 Mins	No Time Allowed	1 HR	