

FEBRUARY 2022

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
		1. As you read to your toddler, encourage them to point out familiar objects in the story such as the characters, etc.	2. Use mini-traffic cones, chairs, anything to create a zigzag path to walk through with your toddler.	3. Blow bubbles for baby. Let baby touch them, watch them soar through sky and pop when they land. Allow him to blow bubbles too.	4. Wrap a table in plastic and spray shaving cream on top. Encourage baby to explore the shaving cream with hands, brushes, spatulas or plastic spoons.	5. Go on a nature walk in a park or even in your backyard and point out all of the animals you see and also the plants that interested you and your baby.	
		No Time Allowed	30 Mins	No Time Allowed	20 Mins	20 Mins	
6. Get a baking pan and place different kinds of magnets and let the children explore in placing them in different ways. SAFETY FIRST.	7. Use one of our beloved "first words" books that has lots of real-life pictures and just covered a few of the pictures on each page with post-it notes. Then allow the children to tear off the post-it notes to discover what is hiding underneath them.	8. Stacking cups Provide several small plastic cups to your baby and model for them to build a tower then allow them to experiment and see what they can built.	9. Go through family photos with baby and encourage them to point out familiar family members.	10. Magazine collage Assist your baby in cutting lots of pieces of paper with their hands/fingers and then gluing them on another paper and see what they can do.	11. Emotions Draw 4 to 5 circles, draws different emotions, such happy face, sad, angry, crying, and talk to your baby to point how he is feeling.	12. Cut large boxes for your child to play with and go inside. Cut holes and make sides for windows and doors. He/she will love crawling in and out of the boxes. Encourage child to draw on it. Take a picture-share.	
20 Mins	30 Mins	30 Mins	No Time Allowed	1 HR	30 Mins	1 HR	
13. Popsicle stick drop Tape an empty paper towel roll up to the wall and set out some colored craft sticks for them to drop down the tube. You can use any other item that can go thru the tube.	14. Painting a mural Give child some paint and paper and let them explore with different colors of paint so we can see what they can create. Use hands/feet.	15. Counting fingers Start by introducing them to basic numbers 1-5. Start with one finger and say "one" then show two fingers and say "two" etc.	16. Body Parts Name your baby's body parts then ask him to point to his nose, eyes, ears, etc. Ask him to point to your nose, eyes and ears.	17. Painting with ice Place a medium size container on a table and place some ice inside then pour a little paint and allow your baby to move the ice around and see what happens. Take a picture and share with teacher	18. Shape painting, Get four wooden shapes or cookie shapes, pour paint on a plate and allow your child to dip the shape and then assist him to place it on a clean paper to see the shape he formed.	19. Use a play telephone to practice different ways to say hello or goodbye, such as bye, bye-bye, goodbye, or have a conversation, etc.	
30 Mins	1 HR	No Time Allowed	No Time Allowed	30 Mins	30 Mins	No Time Allowed	
20. Flower painting Place several flowers petals in a water container, and then allow your baby to take them out and rub them on a piece of construction paper and see how they paint with them.	21. Toys in Tin Foil Gathered up a bunch of random, small toys and literally just wrapped them up in a tin foil and loosed them in a tub. You will see their reaction with opening them.	22. Paint palm print! Make a set of five colors of paint in a bowl. Ask your baby to dip hand palm in and encourage them to make a design.	23. Clothes pins Get an empty square or round box and some clothes pins and allow your baby to place them around.	24. Smell and name Place your baby on your lap and gently cover his eyes with your hand. Bring favorite food item close to his nose and tell its name. encourage child to repeat and guess.	25. Dough Lumps Place flour dough in a plate then show your baby how to make lumps using hands. You can make dough balls together.	26. Encourage baby to kick a ball on the ground. Gradually build up to rolling the ball so baby can kick it while in motion.	
30 Mins	30 Mins	30 Mins	No Time Allowed	No Time Allowed	30 Mins	No Time Allowed	
27 Put on some silly songs with lyrics that give listeners instructions like "The Hokey Pokey." Dance with baby while following song directions.	28 Use an empty drinking water bottle as it is a little tall and thinner. Then allow your child to insert popsicle sticks and at the same time assist them in counting.	This is a great age for encouraging baby to practice the meaning of "in" and "out." Ask baby to put their toys in a bucket and take them out again. Practice clean up.					
No Time Allowed	30 Mins	No Time Allowed					