

APRIL 2022

EARLY HEAD START 18 - 36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					1. Make a clean-up game by sorting soft items in one container and hard items in another.	2. Point to things as you name them for child, and name the things child points to.	
					15 Mins	No Time Allowed	
3. Make an animal sound and see if child can guess the animal. Have child draw a picture of the animal after guessing.	4. Have child use water and a small stick to make line on the ground. Describe the marks child makes.	5. Look at a book with child. Point to pictures in the book and name them. You point and your child will name them.	6. While sitting on the floor, roll a soft ball back and forth with child and talk about taking turns.	7. Toss a ball into a big box and roll it through a tube and then invite child to help look for it. Describe child's actions as he looks for the ball.	8. Loosen your child's shoes, unzip his coat, or pull his shirt partly over-head so child can complete the action.	9. Invite child to touch his toes and count them. Join child by touching your toes and counting together.	
30 Mins	15 Mins	30 Mins	No Time Allowed	30 Mins	15 Mins	15 Mins	
10. Have child look at your facial expressions and describe them. Then draw a picture of the facial expression.	11. Invite child to play with water while you say what is happening.	12. Play Hide-and-Seek using large furniture to hide "behind," "under," "in front of."	13. Use action words to describe while you and child move in interesting ways.	14. Find a safe, step and have child jump from a low place while you hold him. Praise child's attempts and accomplishments.	15. Sing songs with child, especially ones that child can clap or tap her feet.	16. Use plastic cups to nest them as you and child count them.	
30 Mins	No Time Allowed	15 Mins	15 Mins	30 Mins	15 Mins	15 Mins	
17. By using fabric or paper, let child discover she can move items by blowing on them.	18. Help child notice two things that match in a set of three items.	19. Use household materials to build, copy what your child builds and invite child to lead.	20. Use old boxes to play with your child. Describe what child is doing.	21. Talk to your child by naming objects and describing his actions.	22. Talk to child about germs and practice washing hands. Help child count for 20 seconds.	23. Use the laundry folding routine to have child help you. Have child match socks.	
No Time Allowed	30 Mins	30 Mins	No Time Allowed	30 Mins	15 Mins	15 Mins	
24. Offer your child a variety of jars with screw-on lids and talk about what he's doing as he experiments with them.	25. Create a beanbag so that you and child can toss or pass to each other.	26. Take a moment to do body stretches as you name the body parts and positions.	27. Find things with smooth surface and rough surface. Talk about their differences.	28. Make a fruit cocktail for the whole family. Have child help wash fruit, peel a banana, use hand over hand to cut fruit with a safe knife.	29. Paint with water. Encourage child to explore what happens when he rubs a wet sponge on different surfaces.	30. Run/Walk in Place. Encourage the whole family to join in. Count your steps.	
No Time Allowed	30 Mins	30 Mins	15 Mins	1 HR	15 Mins	No Time Allowed	

