


MAY 2022

EARLY HEAD START 12-18 MONTHS FAMILY ENGAGEMENT HOME PROJECT

Childs
Name: _____
Site: _____
Class #: _____
Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
1. Neighborhood walk, describe the surroundings to your child. Make a book about what you saw while on your walk, and bring it to class.	2. Have your child choose her favorite stuffed animal. Take photos or draw pictures to create a book with a tittle. Have your child look through the book and tee you the story. Bring book to class to share	3. Play "I Spy something big and blue. What is it?"	4. Paint with trucks and other vehicles and bring art work to class to share. Ask child to describe what they did.	5. Provide play food, plates, pots/pans, cups, etc. for your toddler to "cook" with. Enjoy the pretend meal together!	6. Visit the park. Supervise your child and encourage him to play with a friend.	7. Read to your child his favorite story. Encourage your child to make up his own story.	
20 Mins	20 Mins	No Time Allowed	30 Mins	30 Mins	No Time Allowed	No Time Allowed	
8. Have your toddler color or paint slowly while listening to lullabies or other slow relaxing or classical music. Bring art work to school to share.	9. As the days get hotter have children practice pouring water into cups, this will help them develop their fine motor skills.	10. Make a ramp by putting a toilet paper or paper towel roll under a large book or flat object. Then, roll a small ball or object down the ramp and watch what happens! Repeat over and over and clap when the ball reaches the bottom.	11. Safety: Talk to your child about walking or driving to school. Ex: seatbelt, crosswalks, etc.	12. Take a walk and notice how the flowers are blooming. What color flowers do you see?	13. Mirror fun. Stand still in front of a mirror. Use an erasable marker pen to draw funny features on your child's reflections.	14. Laminate pictures of foods, fruits and vegetables. Talk to them about the food they are picking, especially foods that are most familiar to them. Ask toddlers to find a certain food you name "Can you find the grapes?"	
20 Mins	15 Mins	No Time Allowed	30 Mins	No Time Allowed	No Time Allowed	30 Mins	
15. Make traditional Play Dough and bring it to school. Recipe: 1 cup flour, 1 cup warm water, 2 teaspoons cream of tartar, 1 teaspoon oil, 1/4 cup salt, food coloring.	16. Make a simple egg carton train with pipe cleaners and bring it to school to share.	17. Make a set of shakers for the car or stroller. Fill small plastic containers with safe materials like rice or dry lima beans. Put on the lids and seal the containers with glue or heavy tape.	18. Visit the library, encourage child to pick his favorite book. Ask questions related to the book.	19. After washing the dishes, have your child help with fixing the utensils, plates, pots and pans.	20. Have your child help you gather a cast of dolls, stuffed animals, and toy figures. Divide them up between the two of you and act out a play, using different voices for the different dolls and animals. Improvise as you go - half the fun is taking the action in a silly direction.	21. Draw a simple map with 3 places (such as your house, a tree, or neighbor's house) before going on a walk and point out the places on the map as you pass them. Bring to school to Share.	
1 HR	30 Mins	30 Mins	No Time Allowed	No Time Allowed	No Time Allowed	30 Mins	
22. Art with sponge. Cut sponge into different shapes. Put color onto them and stamp on a piece of drawing paper to form interesting patterns. Décor another art piece for your fridge.	23. Play sink or float. Provide several objects during bath time (feather, cars, leaf, etc.) and have your child predict whether the object will float or sink, then test them. Make a chart to share at school.	24. Make facial expressions. Sad, happy, angry, neutral. Ask your child to guess the feelings based on expressions. Have your child draw a picture of how they feel.	25. Show your toddler how to make ice cubes. He will learn how water becomes ice (solid) and vice versa. From filling up the ice cube tray with water to placing it in the freezer. Once the cubes are frozen, let the child touch and feel them. Show your toddler how ice cubes turn back into water again.	26. Grab a blanket, lie on your back in the backyard or in a park with your child, and watch the clouds float by. Talk to your child about what shapes he sees.	27. During meal time, encourage child to describe the food. Ex: texture, color, taste, etc. or where does it come from?	28. Read to your child his favorite story. Encourage your child to make up his own story.	
30 Mins	30 Mins	30 Mins	30 Mins	No Time Allowed	No Time Allowed	No Time Allowed	
29. Talk to your child about activities that can be done during daytime and night time. Draw a picture of something you do at night and in the day.	30. 	31. Visit the library, encourage child to pick his favorite book. Ask questions related to the book.					
30 Mins		No Time Allowed					