

NOVEMBER 2022

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America®
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
		1. Create a sticky wall using yarn, tissue paper and contact paper.	2. Create a sorting game. Using an egg carton and different color lids.	3. Before taking a bath/shower. Talk to your child about the items that will be needed during bath time.	4. Use different containers with different textures. Like sand, cotton balls, newspaper, sand paper, etc.	5. Let your child tear some newspaper then glue them on a paper	
		20 Mins	30 Mins	No Time Allowed	30 Mins	20 Mins	
6. Make a book. Gather photos of your family, pets or your child's favorite toys. Read the book with your baby and name each photo.	7. Use an empty bottle and let your child put some cheerios inside.	8. Create a surprise box by using different items and let your child to explore the box.	9. Create your own blocks using small boxes and let your child stack them.	10. Use a piece of cardboard. Cut and color shapes: circle, triangle, square. Show your child and encourage to name the shapes. Take a picture and share with teacher.	11. Recycle 6 empty bottles. Place them on the floor and encourage your child to roll a ball and see how many he can bring down. Count.	12. Play with your child to match some farm animals using a book.	
1 HR	30 Mins	30 Mins	30 Mins	1 HR	30 Mins	20 Mins	
13. Use food coloring and water. Mix them together and encourage child to dip his fingers and create an art design. Take picture and share it.	14. You and your child, try a new food from a different country. Ask your child the following: How did it taste, how did it look, did you like it.	15. While driving, talk to your child about the importance of SEAT BELTS. Why we have different sizes of car seats with seat belts.	16. The book that you made of photos of your family, pets or your child's favorite toys. Read the book with your baby and name each photo.	17. Sit on the floor a few feet from your child and demonstrate how to roll a large ball. Encourage him to roll it back and make a fun game of it.	18. Shoebox train. Put two shoe boxes together. Make a small hole and put a string for child to pull. Encourage child to pick up small toys and place them inside the train.	19. Use the same shoe box/train and encourage child to find and place small toys inside. Count with your baby, describe his toys. Take a picture and share with teacher.	
20 Mins	No Time Allowed	No Time Allowed	20 Mins	20 Mins	20 Mins	30 Mins	
20. As you continue to roll the ball to your child, sing "roll, roll, roll your ball gently across the floor" Skills: Gross/Fine Motor, turn taking, language.	21. Play dress up. Be a doctor, teacher, super hero, etc. Take a picture and encourage your child to tell you their feelings of dressing up.	22. Visit the park. Encourage your child to find a friend. Share by playing and taking turns. ALWAYS SUPERVISE YOUR CHILD.	23. Continue to use the cardboard shapes. Encourage child to name and find more shapes around his home.	24. Use the same empty bottles and play a bowling game. Count the bottles, encourage child to roll the ball and count how many bottles he can bring down.	25. Alphabet Soup sorting game. Using a water table and alphabet letters.	26. Use empty paper towel/toilet roll and show child how to put it against his mouth and speak, sing or make silly sounds. Skills: Receptive/expressive language, imitation.	
20 Mins	10 Mins	No Time Allowed	20 Mins	30 Mins	30 Mins	20 Mins	
27. During mealtime, encourage your child to feed himself. Talk about the color, texture, size, and smell of the food.	28. Use food coloring and water. Mix them together and encourage child to use a sponge, brush and create an art design. Take picture and share it. Post the picture around your house.	29. Make a pattern by clapping and stomping and have your child repeat the pattern. Take turns creating a new pattern.	30. Roll socks into a ball and play catch with your child by rolling the ball on the floor toward them.				
No Time Allowed	30 Mins	No Time Allowed	No Time Allowed				