

NOVEMBER

2022

**PRENATAL PROGRAM
FAMILY ENGAGEMENT
HOME PROJECT**

Parent's Name: _____

Site: _____ Class #: _____

Teacher's Signature: _____



Volunteers of America®
LOS ANGELES

TOPIC: Count Down to Due Date Chain



**WEEKLY
TOTALS**

Why this activity? Provides caregivers a timeline for when their baby will arrive

What we need:

- 11" x 1.5" strips of fun, colorful paper
- Pen or markers
- Stapler or tape
- Stickers (optional)

How we do it?

- Parent will count the weeks/months they have left until their due date.
- Each strip of paper represents one week/month
- Write the numbers of weeks/months, write a feeling word, something you want your baby to know on each paper strip.
- Staple both sides of the first strip together, to make a circle.
- Put the next strip of paper through the first one, and staple it, and so on

Note: Encourage parents to save the chain and someday share with child. Share photo with teacher.

5 hours

Parent Name: _____ Parent Signature: _____

**** The project must reflect the time indicated on the sheet.**