|  |  |
| --- | --- |
| TOPIC: Measuring Belly | **WEEKLY TOTALS** |
| https://i.pinimg.com/originals/a2/21/63/a2216361b120f161f1c0d406336ad47b.jpg **Why this activity?** Provides an opportunity for caregivers to embrace the pregnancy and celebrate their growing baby **What we need**: * 1 piece of cardboard paper
* Pen or markers
* Collage material
* Yarn, strips of construction, fabric, etc.

**How we do it?** * At the beginning of each month measure from the top of the belly to the bottom. Use a piece of yarn, etc. and glue it on the construction paper
* At the beginning of each month take a picture of Mom standing sideways in the same spot and watch how she and baby grow and add next to the string.

**Note**: Fun for mom/dad/partner to do together. Take a picture and share with home visitor. |  |
| **5 hrs** |  |