

# MARCH 2024

## EARLY HEAD START 12-18 MONTHS FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: \_\_\_\_\_

Site: \_\_\_\_\_

Class #: \_\_\_\_\_

Teacher Signature: \_\_\_\_\_



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Weekly Total
				1. Let your toddler pick a book to read. As you read ask them to point out familiar objects, people and animals.	2. Encourage your child to play with a ball. Practice kicking motions, rolling and throwing. See which one they like best. Take a picture and share with teacher.	3. Use an empty clear bottle (water, soda, etc.). Have your child practice putting straws into the bottle. When they are done they can practice dumping or pulling them out.	
				No Time Allowed	20 Mins	20 Mins	
4. Scotch tape some of your child's small toys to a board or hard floor. Show them how to peel the tape off then have them try.	5. Put on some music and dance. Move around with your toddler and don't be afraid to be silly!! See who has the best dance moves.	6. Cut a paper towel roll into smaller circles. Use a paper towel holder and show your child how to pull the circles on like a stacking tower. Count how many you stacked.	7. Homemade wagon: Attach a string to a shoebox. Show your child how they can pull the string to move the box. Put light items in and ask your child to help you move things from room to room.	8. Get some letters and Play-doh. Sit and let your child make the letter imprints or cover them up with the dough. As they play, say the letter and its sound. Find a word that begins with that letter.	9. While dressing your child, talk about their clothes. Name the patterns, colors, objects, etc. that you see. Encourage them to repeat the words.	10. Get some ping pong balls or another small ball and any box. Show your baby how to toss the balls into the box. Have them try. Encourage and celebrate each throw.	
1 HR	No Time Allowed	20 Mins	20 Mins	20 Mins	No Time Allowed	30 Mins	
11. Make a sensory bottle. Have your child place whatever filling you want such as shells, rocks, sticks, Legos, rice, etc. Add glitter, water and baby oil. Securely glue the top on. Shake and explore.	12. Play a game of animal action. Name different animals to imitate. Try and make the sounds and practice the movements of that animal with your child. Be silly!	13. Have your child pick a couple of their favorite puzzles. Sit and work together. Encourage your child as they turn and twist their hands to make pieces fit. Celebrate their accomplishments!	14. Make a drawing board. Put salt, cream of wheat or sand on a baking sheet or tray. Show your child how to draw with a Q-tip or their finger. You can also use cookie cutters to make shapes.	15. Go on a nature walk. Give your child a small basket or bucket and let them collect leaves, flowers, rocks, etc. along the way. Talk about what they find.	16. Paint using water on construction paper. Use brushes, fingers or sponges. If you want add food coloring too. Share picture with teacher.	17. Make a feeding box from a tissue box. Put some paper over the outside and draw an animal face (dog, cat, dinosaur, etc.). Cut a small hole where the mouth is and practice "feeding" the birds with cheerios, blueberries, rice etc.	
1 HR	20 Mins	20 Mins	20 Mins	No Time Allowed	20 Mins	30 Mins	
18. Make moon sand with flour and baby oil. Mix ingredients in a bowl or pan. Add some measuring cups so they can practice filling and pouring.	19. Put 2 colors of paint in a plastic bag. Tape the bags to a window or place them on the floor. Let your child use their finger to move and mix the paint. Make shapes, talk about the mixing colors, or make faces.	20. Use an empty wipes container and gather some of your child's smaller toys. They can practice putting the toys in, opening the container and dumping them out. Then they can do it all over again.	21. Take a trip to the local library. Let your toddler walk around and look at the different books. Talk about what they are seeing. Check out a couple books to take home and enjoy together.	22. Make a cardboard house. You can make a large one that your child will fit in or a small one for their stuffed animals or dolls. Cut windows and a door. Then let them decorate the outside with crayons, stickers or paint.	23. Gather different items that make noise (rattles, bells, pots, sticks, etc.) Make some music together while singing your favorite songs. Your child will love being part of the band.	24. Practice naming your child's body parts. First name and point to each area (nose, eyes, ears, tummy, etc.) Then try naming the body part and ask them to point themselves.	
30 Mins	20 Mins	20 Mins	No Time Allowed	1 HR	20 Mins	No Time Allowed	
25. Cut a slot in the top of a plastic tub (yogurt, sour cream, butter). Cut shapes in different colored paper. Say the color or shape of the paper and then have your child put it through the slot. Dump them out and start again.	26. Use the bottom of a plastic container from yesterday, some ping pong balls and an ice cream scoop. Encourage your baby to use the scoop to get each of the balls and drop them into the container. Then dump them out	27. Play with empty tubes (wrapping paper, paper towel, toilet paper, etc.) Show them how to drop small pom-poms thru. Pull scarves through. Roll them on the floor. Drive cars through. Explore different ways to use them.	28. Tear up tissue paper into small pieces and hide animals underneath it. When your child finds each one, practice saying the name and the sound it makes. You can also do a tickle attack by each animal to make it a game.	29. Create a pouring and washing tub with a large plastic bin. You can add small plates, cups, measuring spoons, animals, sponges, etc. Add some water and splash around!	30. Practice some baby yoga. Try stretching to make different letters with your body or stretch your body to be the form of an animal. See if your child can touch their toes. Have fun!	31. Play a game of popcorn. Get one of your child's small blankets and some pom-poms or small balls. Shake the blanket so the balls bounce. Sing "Popcorn, popcorn. Pop! Pop! Pop!" When all the balls have popped off, have your child collect them and play again.	
30 Mins	30 Mins	20 Mins	20 Mins	30 Mins	No Time Allowed	30 Mins	