

DECEMBER 2023

EARLY HEAD START 18 - 36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____






Site: _____

Class #: _____

Teacher Signature: _____



Volunteers of America
LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
					1. Play Peek-a-Boo or Hide-and-Seek with your child.	2. Take a walk with your child. Draw a picture of what you saw on the walk, with your child.	
					No Time Allowed	30 Mins	
3. Exercise with the family. 	4. Visit the supermarket. Point out fruits and vegetables. Talk to child about the fruits and veggies and draw a picture of your favorite fruit.	5. Go to the park and count birds. 	6. Make an art collage. Use pictures from a magazine, glue on paper.	7. Sing a song and dance together.	8. Ask child to help set the table for dinner. Talk about the food on the plate. 	9. Read a book and ask child to draw a picture about it. Ask him/her questions about the drawing.	
No Time Allowed	30 Mins	No Time Allowed	30 Mins	No Time Allowed	30 Mins	30 Mins	
10. Point at a family picture and ask child about each member.	11. Use chalk to draw lines and curves on the floor. Walk along the lines and curves with your child. Make a game of it.	12. Talk to your child about the five senses. Take a walk with your child and talk about the weather and what they see, hear, and feel.	13. Ask your child to help you sort clothes during laundry time. Talk about the different textures.	14. Keep talking to your child about the five senses. Make a game about different sounds.	15. Ask your child to use his/her sense of smell while walking around the house smelling different things and record the answers.	16. Recall the five senses and ask your child to describe taste during dinner.	
No Time Allowed	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	30 Mins	
17. Visit local library. Pick up several books to read. WINTER BREAK	18. Read a book. WINTER BREAK	19. Read a book. WINTER BREAK	20. Read a book. WINTER BREAK	21. Read a book. WINTER BREAK	22. Read a book. WINTER BREAK	23. Read a book. WINTER BREAK	
24. Read a book. WINTER BREAK	25. Read a book. WINTER BREAK	26. Read a book. WINTER BREAK	27. Read a book. WINTER BREAK	28. Read a book. WINTER BREAK	29. Read a book. WINTER BREAK	30. Read a book. WINTER BREAK	
31. Read a book. WINTER BREAK	