

**DECEMBER  
2023**

**PRENATAL PROGRAM  
FAMILY ENGAGEMENT  
HOME PROJECT**

Parent's Name: \_\_\_\_\_

Site: \_\_\_\_\_ Class #: \_\_\_\_\_

Teacher's Signature: \_\_\_\_\_



TOPIC: Measuring Belly

**WEEKLY  
TOTALS**

**Why this activity?** Provides an opportunity for caregivers to embrace the pregnancy and celebrate their growing baby

**What we need:**

- 1 piece of cardboard paper
- Pen or markers
- Collage material
- Yarn, strips of construction, fabric, etc.

**How we do it?**

- At the beginning of each month measure from the top of the belly to the bottom. Use a piece of yarn, etc. and glue it on the construction paper
- At the beginning of each month take a picture of Mom standing sideways in the same spot and watch how she and baby grow and add next to the string.



**Note:** Fun for mom/dad/partner to do together. Take a picture and share with home visitor.

**5 hrs**

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

**\*\* The project must reflect the time indicated on the sheet.**