

JANUARY 2024

EARLY HEAD START 12-18 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs

Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



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LOS ANGELES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
		2. Winter Break	3. Winter Break	4. Winter Break	5. Winter Break	6. Winter Break	
7. Serve food that child can feed himself. Encourage your child to try new food. Make a story while having a delicious meal. ALWAYS SUPERVISE YOUR CHILD.	8. Use flash cards and glue pictures that have emotions. Ex: child smiling and talk to your child. Encourage child to name the emotions/feelings.	9. Read books with your child. Use big books and colorful to keep child interested in the story. Ask questions related to what he/she sees in the story/book.	10. Play a variety of music. Encourage your child to use kitchen tools, fabric, etc. and use them as an instrument to create music. 	11. Set up an obstacle course so child can practice particular skills, e.g., running, hopping, and balance.	12. Sit on the floor a few feet from your child and demonstrate how to roll a large ball. Encourage him to roll it back and make a fun game of it.	13. Create a word action game to direct child's movements. For example, walk backwards, jump 3 times, spin, etc.	
No Time Allowed	30 Mins	No Time Allowed	No Time Allowed	30 Mins	20 Mins	30 Mins	
14. Put socks on the child's toes and then encourage him or her to pull them up to the rest of the way. Provide only as much help as necessary. 	15. Use empty paper towel/toilet roll and show child how to put it against his mouth and speak, sing or make silly sounds. Skills: Receptive/expressive language, imitation.	16. Look at a magazine and discuss photos of people showing various emotions. (Sad, happy, angry,scare)	17. Visit the park. Encourage your child to spend time watching and interacting with other children. Talk to him about what the other kids are doing. ALWAYS SUPERVISE YOUR CHILD.	18. Cut out a variety of shapes from a carton box. Encourage child to finger paint them, put stickers, etc. Encourage child to name and find more shapes around home.	19. Provide balls of various sizes, textures, and grips to explore. Include balls with chimes, bells, and visible items rolling inside. Ask child to show you sizes and describe sounds for child.	20. Sing a song that involves body movements and name body parts as you model for child.	
No Time Allowed	20 Mins	No Time Allowed	No Time Allowed	30 Mins	20 Mins	No Time Allowed	
21. Play games like Simon says to find body parts. Encourage child to lead the game and you can follow his/her commands. Add pictures of the body parts.	22. Take your child for a nature walk and talk about the change of weather. 	23. Create a list of 2 or 3 questions and post them in a place that will be easy for you to look. Ask those questions to your child as a routine to improve her/his communication skills. e.g. What do you think about our food today? etc.	24. Read books with your child. Keep it short and interactive to hold his/her interest.	25. Provide riding toys for child to push with his/her feet and eventually pedal. 	26. Have child help you sort clothes. Have a basket for his clothes and one of mom and dad's clothes. This will help child to classify by sizes.	27. Encourage child to use gestures and descriptive language as you do pretend play with him/her. Like, "this coffee is so hot", as you blow the cup.	
30 Mins	No Time Allowed	30 Mins	No Time Allowed	No Time Allowed	30 min	No Time Allowed	
328. Mystery box. Use a box and cut a hole cut to feel and touch different textures without looking at the item. Try to guess what can it be.	29. Make the sounds of different animals, then ask child to name the animals. You can also show the animals and ask to make the sounds.	30. Play a variety of music. Encourage your child to use kitchen tools, fabric, etc. and use them as an instrument to create music.	31. Take your child for a nature walk and talk about the change of weather.				
30 Mins	30 Mins	No Time Allowed	No Time Allowed				

