

# MAY 2024

## EARLY HEAD START 0-12 MONTHS FAMILY ENGAGEMENT HOME PROJECT

**Childs**

**Name:** \_\_\_\_\_

**Site:** \_\_\_\_\_

**Class #:** \_\_\_\_\_

**Teacher Signature:** \_\_\_\_\_



**Volunteers of America®**  
LOS ANGELES

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   | Weekly Total |
|--|---|---|---|--|--|--|--------------|
|  |   |   | 1. Make clean-up time a game by naming the toys your child chooses to put in the clean-up basket or any other container.  | 2. Visit the library. Pick a book and read it to your baby. Find out what other activities can you do/join in the library.   | 3. Smile and hold your baby close so he can see your face, lips and speak to him in a gentle voice. This will help your baby begin to connect the sound of a voice with mouth movement.  | 4. While giving your baby food. Talk to your baby about the texture, smell, colors of the food. Your baby may connect your words to what her senses are telling her as he explores.  |              |
|  |   |   | 15 Mins   | No Time Allowed  | 15 Mins  | No Time Allowed  |              |
| 5. Name a picture and then turn it away from your baby so he can try to find it. Using language to help your baby locate an item out of sight helps him remember the names of the objects.                             | 6. Say Hi and Bye Bye or Good Bye to your baby, the same way you greet others. Using standard greeting with your baby helps her learn to wave and say Hi and Bye  | 7. Give your child a crayon and paper and talk about any marks he makes. Playing with crayons and paper introduces your baby to using tools for drawing and writing. Your words let him know that this activity is important. Take a picture of him drawing. Frame the picture or posted in your house. | 8. Use a big carton box. Make two holes. Ex: one on top and another on the side. Use a small toy and allow it to go inside of either hole. Let your baby discover how to retrieve a toy that has gone out of reach. | 9. Arrange furniture so your baby can pull up to a standing position and try taking a few steps while holding on. Your baby will have the chance to practice with confidence when you give her objects to help her stand and take steps. | 10. Use a variety of toys that make sounds and a big bucket. Encourage your baby to practice dropping them into the bucket. Picking up and dropping objects helps your baby gain more controls of the muscles in her hands. Cheer your baby as she is doing the activity.                                | 11. While holding a toy in various positions. Ex: Up high, down low, encourage your baby to stretch and reach for the toy. Your baby will practice using his hands, legs, feet and body to reach objects and will gain better balance.   |              |
| 15 Mins  | No Time Allowed   | 15 Mins   | 20 Mins   | No Time Allowed  | 15 Mins  | 20 Mins  |              |
| 12. While you and your baby are enjoying the outdoor. Grab a stick and model to your child how you can make marks on the dirt by using the stick. Allow him to do the same. Take a picture of him doing this activity. | 13. Lay your baby on the floor or while he is eating on a high chair. Call your baby's name from a distance so he can practice locating your voice. This helps him learn how to locate the source of sound. | 14. Roll a soft ball back and forth with your child and tell him he is taking turns. By doing this activity you will be introducing your child to a simple game that requires cooperation and turn-taking.  | 15. Make clean-up time a game by naming the toys your child chooses to put in the clean-up basket or any other container.   | 16. Visit the library. Pick a book and read it to your baby. Find out what other activities can you do/join in the library.  | 17. Smile hold your baby close so he can see your face, lips and speak to him in a gentle voice. This will help your baby begin to connect the sound of a voice with mouth movement.   | 18. Give your child a crayon and paper and talk about any marks he makes. Playing with crayons and paper introduces your baby to using tools for drawing and writing. Your words let him know that this activity is important. Take a picture of him drawing. Frame the picture or posted in your house. |              |
| 20 Mins  | No Time Allowed   | 15 Mins   | 15 Mins   | No Time Allowed  | 15 Mins  | 15 Mins  |              |
| 19. While giving your baby food. Talk to your baby about the texture, smell, colors of the food. Your baby may connect your words to what her senses are telling her as he explores                                    | 20. Say Hi and Bye Bye or Good Bye to your baby, the same way you greet others. Using standard greeting with your baby helps her learn to wave and say Hi and Bye.  | 21. Name a picture and then turn it away from your baby so he can try to find it. Using language to help your baby locate an item out of sight helps him remember the names of the objects.   | 22. Lay your baby on the floor or while he is eating on a high chair. Call your baby's name from a distance so he can practice locating your voice. This helps him learn how to locate the source of a sound        | 23. While holding a toy in various positions. Ex: Up high, down low, encourage your baby to stretch and reach for the toy. Your baby will practice using his hands, legs, feet and body to reach objects and will gain better balance.   | 24. Use a variety of toys that make sounds and a big bucket. Encourage your baby to practice dropping them into the bucket. Picking up and dropping objects helps your baby gain more controls of the muscles in her hands. Cheer your baby.   | 25. While you and your baby are enjoying the outdoor. Grab a stick and model to your child how you can make marks on the dirt by using the stick. Allow him to do the same. Take a picture of him doing this activity.   |              |
| No Time Allowed  | No Time Allowed   | 15 Mins   | No Time Allowed   | 15 Mins  | 15 Mins  | 20 Mins  |              |
| 26. Use a big carton box. Make two holes. Ex: one on top and another on the side. Use a small toy and allow it to go inside of either hole. Let your baby discover how to retrieve a toy that has gone out of reach.   | 27. Make clean-up time a game by naming the toys your child chooses to put in the clean-up basket or any other container.   | 28. Arrange furniture so your baby can pull up to a standing position and try taking a few steps while holding on. Your baby will have the chance to practice with confidence when you give her objects to help her stand and take steps.   | 29. Roll a soft ball back and forth with your child and tell him he is taking turns. By doing this activity you will be introducing your child to a simple game that requires cooperation and turn-taking.          | 30. Visit the library. Pick a book and read it to your baby. Find out what other activities can you do/join in the library.  | 31. Give your child a crayon and paper and talk about any marks he makes. Playing with crayons and paper introduces your baby to using tools for drawing and writing. Your words let him know that this activity is important. Take a picture of him drawing. Frame the picture or posted in your house. |  |              |
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