

MAY 2024

EARLY HEAD START 18-36 MONTHS

FAMILY ENGAGEMENT HOME PROJECT

Childs



Name: _____

Site: _____

Class #: _____

Teacher Signature: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Weekly Total
			1. Play freeze dance together. Put on some fun music and dance around. Then practice pausing the music and freezing. This is perfect to practice listening and be a little silly.	2. Take a trip to the library together. Find some books about spring, and talk about what they see in them. What colors do they see? What happens during the spring?	3. On your way to school in the morning sing a song together. Take turns picking your favorite songs and teach each other the parts the other doesn't know.	4. Take a ball outside and play follow the leader. Each person can toss, bounce, roll, etc. The other person then has to use the ball the same way. Take turns following each other.	
			15 Mins	1 HR	15 Mins	15 Mins	
5. Pack up lunch for the day, take a blanket and go have lunch in the park. Bring a ball or some toys and enjoy the fresh air together.	6. On your way home, talk about what changes they see outside. What colors are they seeing as you walk? How have the plants and flowers started to change? What is the weather like?	7. Finger painting activity. Use paper and finger paint, ask your child what activities they are looking forward to doing now that the weather is warmer. Have them draw and then describe their picture/activity. What colors are they using? What's happening?	8. Set the table together. Set a fork, plate, napkin and cup for everyone in the family. Take turns each adding one item. Encourage siblings or other members to participate too. Practice turn taking.	9. Cut a butterfly shape out of tape or contact paper. Place the sticky side up and put yarn, string, tissue paper, or colored coffee filters on top of it. Stick the butterfly to your window. Talk about how caterpillars transform.	10. Find a new "pet". Go outside with your child and find a rock pet. Find any rock, take it home and paint, color, or decorate it. Ask your child what things we need to do to take care of our new pet?	11. Play "red light, green light" together. Each person gets a turn to be the light. Practice taking turns and listening to what the other is saying.	
No Time Allowed	No Time Allowed	15 Mins	15 Mins	15 Mins	30 Mins	15 Mins	
12 	13. Have your child pick a book for you both to read together. Encourage your child to make up their own story about the pictures before you read the one in the book.	14. Ask your child how their day was. Listen to what they talk about and ask them open ended questions to learn more. Examples like "What did you like most about that?" "What was your favorite part of the day?" "How did you feel?"	15. Go on a walk and find natural materials (leaves, sticks, feathers, flowers, rocks, etc.) Take a couple home and see how they paint. Ask your child open ended questions like what makes the biggest mark?	16. Use playdough and natural materials to make a "flower garden". Ask your child open ended questions such as what they want to put in their garden. What do we need to do to grow our garden?	17. Building Day. Use blocks, recycled boxes or containers and build together. Each person can take turns adding a "block" to the construction.	18. Play "I Spy" with your child and other family members or friends. Use relationship words like "near, next to, behind, inside, around, between" when describing as well.	
	30 Mins	15 Mins	1 HR	20 Mins	15 Mins	15 Mins	
19. Make "friendship soup". With your child and other family/friends collect different natural materials. Each person takes turns putting one thing they want in the "soup" into the pot.	20. Make a windsock. Get any piece of paper and have your child decorate it with colors that they see outside. Once they are done, tape the edges together to form a circle. You can tape string, yarn or streamers to one end, hang it in the window.	21. On the way home from school stop and let your child pick some flowers or green plants that they find. Take them home and put them in a cup or vase and enjoy the beauty in your home. Compliment your child on their beautiful arrangement.	22. Encourage your child to draw a picture of what they see outside. Talk about what shapes and colors they are seeing. Do you have anything in your house with the same colors and shapes?	23. Create a Spring sensory bin. Take any bin or bucket outside and collect pieces of nature (dirt, sticks, rocks, flowers). Bring them home, talk about what you found and why your child picked them.	24. Take a trip to the park or another quiet spot and listen together. Ask your child what they hear? What animals/objects/places are those sounds coming from? What sounds can they make?	25. Make butterfly feeders. Use an old milk carton and cut windows out of each side. Decorate the outside together. In the bottom place water and sugar or an orange slice. Watch and see what comes to visit.	
20 Mins	20 Mins	No Time Allowed	15 Mins	30 Mins	15 Mins	1 HR	
26. Go outside with your child and play with a neighbor or go to the park together and encourage your child to try playing with a new friend. Practice socializing.	27. 	28. Go outside and practice imitating different movements you see outside. Examples are butterflies, birds, trees, wind, squirrels, etc. Take turns and try to guess what movement you are doing.	29. Go on a walk and collect some different items (flowers, leaves, etc.) Ask them what is the same and what is different? You can talk about color, size, shape, etc.	30. Use the nature walk materials from yesterday and do a color sorting activity. Place a paper of every color on the floor and work with your child to put each item onto the matching color paper.	31. Feeling faces. Have your child practice different emotional faces (happy, sad, mad, scared). As you do ask them what things make them feel that specific feeling		
No Time Allowed		15 Mins	30 Mins	15 Mins	30 Mins		